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Your essential daily news | WEEKEND, MAY 8-10, 2015

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Sid and kid show

COLE HARBOUR

Hockey stars enjoying stint together with Team Canada



Kristen Lipscombe
Metro | Halifax

Call it the Cole Harbour connection. For the first time, hometown friends Sidney Crosby and Nathan MacKinnon are playing together on Team Canada at the 2015 IIHF Ice Hockey World Championship.

Starting the tournament off on the same forward line, they've helped lead the red and white to four straight preliminary wins so far at the worlds, which kicked off May 1 and conclude May 17 in Prague, Czech Republic.

"I've gotten to know him over the past few summers ... training together, skating together," MacKinnon, 19, said Thursday of the NHL superstar he looked up to growing up in the town known internationally as the "home of Sidney Crosby."

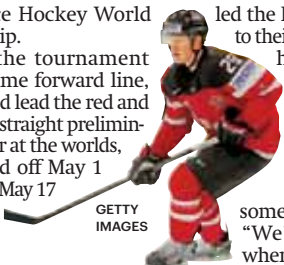
"Playing with him on the team is ... pretty special."

MacKinnon was selected first overall by the Colorado Avalanche in the 2013 NHL Entry Draft, tallying 14 goals and 24 assists during his sophomore season, despite being sidelined with a broken foot.

MacKinnon, who as a junior led the Halifax Mooseheads to their first Memorial Cup,

hopes the "chemistry" he's found with the other Cole Harbour kid will help Canada bring home gold.

"It's cool that we're some the area," he said. "We're very proud of where we're from."



GETTY IMAGES



The bullied boxer who fought back

Bianca Paquin poses for a photo at Titan Fitness in Bayers Lake this week. Paquin has fought plenty of battles in her young life — including weight and bullying issues — but has found success and is now vying to be a world champion.

Coverage in **metroNEWS**. JEFF HARPER/METRO



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Hop to it and get to the bottom of the city's rising craft brews

FOOD & DRINK

New brewery opens in time for first Craft Beer Week



Haley Ryan
Metro | Halifax

Halifax will be hopping over the next 10 days as multiple events celebrating the province's booming craft-beer scene take over the city.

For the first time ever, diehard craft fans and newbies alike can come together through brewery tours, contests and tastings at Nova Scotia Craft Beer Week, running from Friday through May 17.

"The brewmasters who have been around a long time have said that they've seen more growth in the last two years than in the last 20," said Jessie Lawrence, spokeswoman for the Craft Brewers Association who also organized Beer Week.

"It's having a huge impact."

Lawrence said next weekend's Full House at the Olympic Hall, showcasing all the craft beers, has sold out its more than 1,300 tickets. However, people can still check out the Science of Beer event at the Discovery Centre, Friday's Beer & Beethoven fundraiser for Symphony Nova Scotia or



From left: Brewing buddies Doug Kehoe, Josh Council and Angus Campbell take a break from preparing for Nova Scotia Craft Beer Week at Good Robot Brewing on Thursday. JOSH BROWN/FOR METRO

the Lion & Bright dinners featuring food pairings.

Next Friday's Race the Kegs event will see two teams of breweries sail from Bedford down to Gahan House on the Halifax Harbour. That night, there's a brew cruise on the Tall Ship Silva.



You can taste the difference. It's just so flavourful.

Jessie Lawrence,
craft brewers spokeswoman

For those new to craft brews, the beer cocktail faceoff at Auction House is a great idea, Lawrence said. With roughly 17 breweries across Nova Scotia making 150 styles of beer, there's everything from an easy-drinking pilsner or fruit beer to stouts and double IPAs.

This spring alone is welcoming four or five new breweries to the province, Lawrence said, including Good Robot Brewing at 2736 Robie St., near the corner of Almon Street, which originally began as Wrought Iron Brewing.

"(We're) former engineers

+ WHERE TO GO

Craft breweries to look for during the event: Garrison, Propellor, North Brewing, Good Robot, Big Spruce, Boxing Rock, Sea Level, Meander River, Rare Bird, Uncle Leo's, Tatamagouche Brewing, Hell Bay, Schoolhouse, Granite.


who didn't love it or were particularly great at it," Josh Council said Thursday about himself and co-owners Angus Campbell and Doug Kehoe, who have been friends since their time at Queen's University.

Council said the Good Robot rebranding is more optimistic, approachable and shows they're ready to "party with everyone," which is what they'd like to accomplish overall with brews like Goseface Killah and Tom Waits for No One.

"It's not something that's supposed to be pretentious and reserved for a certain hierarchy," Council said.

"It shouldn't be this stagnant trophy put on a pedestal to be admired; it should be on the dance floor grinding away with you."

Good Robot opens Saturday for Open Brewery day, during which anyone can check out tours, tastings and activities at a local brewery.




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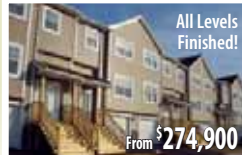
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ANIMALS

Keep pets out of hot vehicles, police warn

With it finally feeling like spring in Halifax, police are once again warning pet owners not to leave their pets alone in parked cars.

Police say that even with the windows cracked open, a parked vehicle can very quickly become furnace-like, which runs the risk of pets overheating, even after only a few minutes.

According to a release issued Thursday, police have responded to 15 calls about animals being

left alone in parked vehicles since Saturday. Thankfully, no animals were found distressed.

Police say all of the calls were from shopping areas and they are advising residents to plan accordingly, such as bringing a friend along to keep your pet company or shopping at stores that allow pets.

Residents are asked to call 911 if they see a pet in distress. METRO



The issue of dogs being left in hot cars is now popping up again. JEFF HARPER/METRO

CRIME

Man nabbed twice for impaired driving

RCMP in Nova Scotia charged a man for impaired driving twice in the same day, only hours apart.

Police say officers with traffic services in Antigonish stopped and arrested a 21-year-old man from Heatherton, who was suspected of driving under the influence on Highway 245 in North Grant.

The suspect was taken to the RCMP detachment unit, where he was assessed by a drug expert

and charged with impaired driving by drug and released.

Police say that less than two hours later, officers with traffic services spotted the same man driving on Highway 104 in Heatherton. Once again, he was arrested for impaired driving, taken to the RCMP detachment for a drug evaluation and charged for a second time with impaired driving by drug. This time, his vehicle was impounded. METRO



Liberal MLA Mark Furey, left, talks with Mark Wheatley, the general manager of EHS operations, and Roy Hollett, the Halifax Fire deputy chief, at the 911 awareness press conference on Thursday at Province House. JOSH BROWN/FOR METRO

Using 911 'the right way'

FIRST RESPONDERS

Campaign aims to cut non-emergency calls to dispatchers



Haley Ryan
Metro | Halifax

Thousands of non-emergency calls reach 911 dispatchers every year, but a new government video is hoping to change that statistic. On Thursday, the provincial government launched a new 911 awareness campaign through

4.5 million

The number of 911 calls received in Nova Scotia since 1997.

the Emergency Management Office (EMO) that shows first responders like police, RCMP, firefighters, paramedics and call takers in action while emphasizing the 911 service should be used when there's "immediate" danger to life or property.

"Every accidental 911 call must be treated as a legitimate call," Mary Furey, minister responsible for EMO, said during

the launch at Province House.

"In many cases that ties up a tremendous amount of resources, when we could parallel have a true emergency."

Last year, the service had 240,000 calls come in and 20 per cent of those were non-emergency, pocket dials or nuisance calls, EMO director Paul Mason said after the event.

Of those roughly 48,000 inappropriate calls — which involved people looking for an update on a police investigation or reporting noise complaint or minor theft — Mason said half were pocket-dials.

He said cellphones have led to an increasing number of pocket dials, but Furey urged those who

do accidentally call 911 to just explain what happened and not hang up since the dispatcher will always call back and likely send someone out right away anyway.

Furey said the objective of the video and awareness campaign is to drive down the number of accidental or inappropriate calls.

"We hope the video will better inform people on how to use this important lifeline the right way," Furey said.

Residents unsure about whether to call 911 can visit novascotia.ca/noemergency to get contact information for local police, fire and ambulance services so their concerns can still be addressed without burdening the first responders, Mason said.

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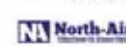
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Key bomb chemicals not in cabin: Report

CHRISTOPHER PHILLIPS

Police were aware, didn't inform public, claims defence

Police should have informed the public they knew a stockpile of chemicals that led to evacuations in two cities lacked key bomb ingredients, says a defence lawyer representing the man arrested in the high-profile case.

Mike Taylor was referring Thursday to one of several court exhibits released in the case of 42-year-old Christopher Phillips, who has been charged with uttering threats and possessing a weapon: the hazardous chemical osmium tetroxide.

Phillips and Taylor briefly appeared in Nova Scotia Supreme Court to confirm a judge-only trial is set for June 1.

An exhibit released to The Canadian Press contains an analysis by forensics expert Melanie

Brochu, who wrote that chemicals police found in Phillips' cottage in Grand Desert didn't include the ingredients needed for homemade explosives.

"Although some chemicals could be used as reagents to make explosives, I did not see all the requisite precursors typically required to actually make homemade explosives," Brochu wrote in a report entry dated Jan. 22 — the day after Phillips' arrest.

The rural community around the cottage was evacuated, as was the hotel where Phillips was taken into custody in Ottawa.

Chief Supt. Roland Wells said at a news conference on Jan. 23 that the chemicals in Grand Desert were stacked from floor to ceiling.

The RCMP said in an emailed comment Thursday that Wells didn't know about Brochu's analysis at the time of his news conference and "the processing of the scene by RCMP and Halifax Fire was not complete until two days later."

THE CANADIAN PRESS



Christopher Phillips, accused of threatening police with a dangerous chemical, arrives for his bail hearing at provincial court in Dartmouth on March 17. ANDREW VAUGHAN/THE CANADIAN PRESS

CRIME

Evening fight draws police presence

About a dozen police cars descended onto a Halifax-area neighbourhood on Wednesday night after receiving a report of several men fighting in the street with guns.

Halifax Regional Police say a portion of Dutch Village Road was shut down for more than an hour starting at 9:30 p.m., as witnesses told officers they thought the perpetrators were hiding in a nearby apartment building.

Officers eventually determined that five men in a white, two-door hatchback got into

+ AT LARGE

No one has been arrested, and police believe the men in the white hatchback fled the area.

a fight with three men from the area.

Police also learned that no one actually saw any firearms, only that the men made threatening hand gestures imitating a gun.

METRO

IN BRIEF

Man threatens to shoot cashier during robbery

A store cashier was given quite the scare after a robber threatened to shoot him if he didn't hand over money.

The robbery happened around 9 p.m. Wednesday at a store located in the 400 block of Herring Cove Road in Spryfield. Police say the man walked into the store and told the cashier he

would shoot him if he didn't give him money. The cashier handed over the cash from the register. Police say the robber kept his hands in the pocket of his hoodie before grabbing the cash and fleeing the scene on foot.

Police say no firearm was ever seen. A search of the area by a K9 team turned up nothing. The robber remains at large. METRO



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Bianca Paquin warms up in the ring before sparring practice at Titan Fitness in Bayers Lake on Wednesday. JEFF HARPER/METRO

Shy teen to boxing champion

FIGHTER

Bianca Paquin sparring her way to world competitions



Kristen Lipscombe
Metro | Halifax

Before first stepping into the ring, Bianca Paquin of Spryfield was a shy 13-year-old girl who was self-conscious about her weight and sometimes bullied at school.

Now, at 17 years old, she's a self-confident young woman with three national boxing titles, and is travelling to Taipei, Taiwan on Sunday to compete in the AIBA Women's Junior and Youth World Boxing Championships.

She and Taylor Ross, 17, of

Sydney are the first two girls Boxing Canada has ever sent to the world championship, Paquin in the 51-kilogram division.

"I was a chubby kid growing up, and I started boxing because there was a youth class," she said of wanting to shed some pounds and gain some strength, both physically and mentally.

"I got into the ring and after sparring, you feel really accomplished, and you just want to feel that feeling again, so you get back in there again

and you keep going."

Wednesday evening, just as she does every day after school, she was at Titans Fitness Academy in Bayers Lake, alongside surrogate big brother Tyson Cave, alternating between skipping, shadow boxing and sparring.

"When Bianca first walked in, she was probably 40 pounds heavier than she is," said Cave, who is known as the Prince of Hali and ranked eighth by the World Boxing Association in super bantamweight. "Very shy kid, didn't talk to anybody."

But he quickly knew Paquin "will be a world champion some day."

In fact, she's already won the Ringside World Championships, the largest international amateur boxing

tournament, held annually in Kansas City.

"She lost a tremendous amount of weight, she's training twice a day, and then she started coming into professional training camps as a 13-year-old girl with guys like me," said Cave.

"Now she's out-spoken, outgoing," he said. "It's amazing what boxing has done for her."

Although she's still hesitant to talk about it, her website says Paquin's growing athletic success stems from her decision to deal with being bullied by taking "matters into her own hands" and strapping on the boxing gloves.

She has even gotten involved in Mental Health Week initiatives.

Paquin stopped by AMP Guardian drug store in Bed-

66

I just love training. I love fighting.

Bianca Paquin

1 in 5

One in five Nova Scotians deal with mental illness. Text HUGS to 45678 to make a \$5 donation to the Mental Health Foundation of Nova Scotia.

+ THE COST OF COMPETITION

Help Bianca on her road to worlds

Spryfield boxer Bianca Paquin has to raise \$10,000 to compete at three top international competitions this summer.

They are the AIBA Women's Junior and Youth

World Boxing Championships, the Vojvodina Golden Gloves this July in Serbia and the International Dual Match in Morocco this August.

Please visit makeeach-amp.com/biancapaquin to contribute.

ford on Tuesday to sell merchandise from Nova Scotian brand Fog Off Clothing, which aims to lift the "mental fog" of bullying, depression and stress. \$5 from every \$50 purchase goes toward the Mental Health Foundation of Nova Scotia.

For Paquin, boxing has helped lift that fog.

"It keeps me busy ... (and) it relieves stress," she said of the sport she loves.

Cave, who looks at her as

his "little sister," said Paquin has worked hard for the opportunity to compete at worlds, which runs May 14-24, and two more upcoming international events that will help her prepare for her ultimate dream.

"I do want to go to university," the Grade 11 student said of plans to study biology at Dalhousie University.

"But if I keep winning in boxing, I'd like to go to the Olympics one day."

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A woman gets ready to board a plane at the Stanfield International Airport. JEFF HARPER/METRO

Halifax airport sees best year yet

TRAVEL

Atlantic flight hub increased revenues by \$3 million



Stephanie Taylor
Metro | Halifax

Last year was a record-breaking year for the Halifax Stanfield International Airport, according to airport officials.

On Thursday, the Halifax International Airport Authority released figures from their annual general meeting, showing that in 2014 the airport increased its total revenues by more than \$3 million compared to the previous year.

The airport raked in \$90.3 million last year and \$87.1 million in 2013.

Officials say the airport also

increased its number of passengers by more than 70,000 people, for a total of more than 3.6 million.

Jerry Staples, who is the vice president of air service marketing and development, called Halifax a "hub city" for air travel in Atlantic Canada, citing our position across the ocean from to Europe.

He also attributed the increase in passengers to the higher frequency of service that airlines have begun to offer.

For example, he said last winter Air Canada added more flights from Halifax to London, began offering flights to Florida, and added more flights to Toronto and Montreal.

"As aircraft technology improves and the range of aircraft increase, it makes Halifax all the more attractive," Staples said, explaining airlines are beginning to design smaller aircraft that can travel longer distances, which is well-suited to the sales in our regional

+ DESTINATIONS

Frequent flyers

Starting this month, WestJet will begin offering daily service to Glasgow, Scotland, and, by summer, will provide service to Newfoundland and Cape Breton, which Jerry Staples believes will only increase the rate of passengers.

market.

He believes the small size of our airport is also a major advantage, as airlines and passengers do not need to deal with long wait times and flight backlogs as do larger flight centres.

"It's all about keeping the airplanes in the air with the seats full. That's where the airlines are making their money. We're well positioned to take advantage of that," he said.

IN BRIEF

Resort sale

The province is trying again to sell the Digby Pines Golf Resort and Spa and Liscombe Lodge Resort.

The Nova Scotia Tourism Agency posted a request for proposals this week for real estate broker services for the sale of both.

Tenders are due May 22, and the project of selling the resorts would preferably start June 8 and wrap up Aug. 17. METRO

MARITIMES

Ferries running after icy holdup

Northumberland Ferries says the ferry running between Prince Edward Island and Nova Scotia will begin its season Friday.

The service between Wood Islands, P.E.I. and Caribou, N.S. was supposed to resume on May 1, but it was delayed because of icy conditions.

The first sail of the season will leave P.E.I. at 6:30 a.m. Ice in the waters off P.E.I.

+ SEAFARING

Setting sail

The ferry season between Nova Scotia and Prince Edward Island usually runs until early December.

also delayed the start of the province's spring lobster fishery. THE CANADIAN PRESS

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<p>1.99 each</p> <p>PEEK FREANS COOKIES Selected Types & Sizes</p>	<p>6.99 each</p> <p>MAXWELL HOUSE GROUND COFFEE (925g) or FOLGERS K-CUPS Selected Types & Sizes</p>	<p>21.99 each</p> <p>PAMPERS SUPER BOXED DIAPERS Selected Types & Sizes PAMPERS or HUGGIES BABY WIPES Selected Types & Sizes - 10.99</p>	<p>30% off*</p> <p>L'ORÉAL SKIN or SHAVE CARE PRODUCTS Selected Types & Sizes</p>	<p>3.99 each</p> <p>PANTENE SHAMPOO, CONDITIONER (375mL) or gels or HAIR CARE PRODUCTS Selected Types & Sizes While quantities last. No rainchecks</p>	<p>17.77 each</p> <p>PINK SUGAR EAU DE TOILETTE (50mL), ALFRED SUNG JEWEL (100mL) or ELIZABETH ARDEN 5TH AVENUE AFTER FIVE (125mL) EAU DE PARFUM While quantities last. No rainchecks</p>	<p>\$80 each</p> <p>FRAGRANCE SAMPLER & CERTIFICATE FOR HER</p>



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BUSKING WEATHER STRINGS ON THE STREET A pedestrian on Spring Garden Road pauses, Thursday, to listen to Mark Skinner (a.k.a. Treeman) play the harp on a beautiful sunny day in Halifax. More sun is forecast for the weekend. JEFF HARPER/METRO

Few details on new store

WATERFRONT

Announcement tweeted by East Coast Lifestyle

Lucie Edwardson
For Metro | Halifax

The most anticipated change to the Halifax waterfront this summer remains clouded in mystery.

Popular apparel company East Coast Lifestyle announced Tuesday via Twitter that they would be opening a store somewhere near water meets land in Nova Scotia's capital. Exactly where remains unclear.

Jen Angel, vice-president of operations and marketing for Halifax Waterfront Development Corporation, said Thursday that East Coast Lifestyle is not one of their tenants, and she hasn't heard anything about where or when they will be setting up shop.

East Coast Lifestyle did not return a request for an interview by Metro this week.

Angel did have news about other changes coming to the waterfront this summer.

"We are excited about a new pilot project with Stillwell Beer Bar that will be opening up a beer garden at the Summit Amphitheatre," she said.

The Canadian Bacon Cookhouse will be replaced by Dave's Lobster, Angel said.

The waterfront is also gearing up to open the Canadian Sea Turtle Centre at the Queen's Landing market.

The unofficial opening for the waterfront will take place Saturday to coincide with Halifax Open City.



We are opening our own storefront on the #Halifax waterfront ...

East Coast Lifestyle tweet



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SHAKESPEARE BY THE SEA

The show must go on

For Elizabeth Murphy, calling this time of year hectic would be an understatement.

As the co-artistic director of Shakespeare by the Sea, she is busy preparing for the arrival of actors to begin rehearsing for the theatre company's upcoming 22nd season.

And in the next few months, she may also be seeing the first round of repairs get underway on the theatre's headquarters, damaged by arson last June.

"In an odd way, the trouble has been good because what it's done is put a magnifying glass on the building and the company," she said Thursday. "It's made us ramp up what is it we think we need to do to keep going."

Next week, regional council will vote on giving the go-ahead on \$125,000 worth of minimal repairs to the Park Place Theatre, as recommended in a recent staff report.

The report defines 'minimal repairs' as "those repairs that are required to secure an occupancy permit which allows for the facility to be occupied as an office, be used for storage and as a rehearsal space."

It does not, however, allow for the building to be used as a public theatre.

In an earlier report, staff estimated renovating the building would cost the proposed \$125,000, but excluded \$100,000 of insurance deductible, which would cost HRM a total of \$225,000.

The report notes repair work is scheduled to begin within three weeks of council's approval.

Murphy said Thursday she's confident any repairs would not interrupt the company's 2015 season, as the facility only acts as a venue when it rains or during the off-season.

"It's a place for all of us to hang our hats instead of having to be outside all the time," Murphy said of the theatre.

"Nothing's going to hold us back."

She added the company will work towards developing a capital campaign to raise the rest of the funds in order to once again have a fully operational theatre.

"It's up in the air," whether the campaign would see the building restored or a new one built in its place, she said.

"This is a pretty ordinary looking building and I think we could make it into something that when you drive people say, 'wow, what's that?'"

STEPHANIE TAYLOR/METRO



Shakespeare by the Sea. METRO FILE



Helicopters battle strong winds to drop water on a large, out-of-control brush fire near East Lawrencetown on Thursday.

ADAM VAUGHAN/THE CANADIAN PRESS

Growing fire forces home evacuations

EAST LAWRENCETOWN

Strong winds blow blaze past firebreak toward town

An out-of-control brush fire prompted firefighters to issue a mandatory evacuation order for about 200 homes east of Halifax on Thursday evening.

Deputy fire Chief Roy Hollett said no injuries had been reported, but residents on

about a dozen streets in East Lawrencetown were asked to leave.

Hollett said the fire was not that large, but strong winds kept it moving fast.

At one point, the flames stopped spreading when they reached a fire break, but strong gusts pushed the fire past the clearcut strip of land.

By early evening, the fire had grown to 10 hectares as it quickly consumed large patches of dried-out grass left over from a long winter.

Earlier in the day, firefight-

ers from seven stations were dispatched to the nearby Mineville area, about 20 kilometres east of the city.

Two helicopters from the provincial Department of Natural Resources were sent in to dump water on the blaze, which started along Shoreline Drive near Candy Mountain Road.

"It's an intense, wind-driv-

en fire," Hollett said in an interview. "But it's looking good if the wind continues to die down."

In June 2008, a three-day fire in the same area razed 1,900 hectares of forest, forcing the evacuation of 400 homes.

At least two homes were destroyed and about a dozen others were damaged.

THE CANADIAN PRESS

25

About 25 fire trucks and tankers were on scene, where 80 firefighters were at work.

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Hfx No. 433954

PLAINTIFF

DEFENDANTS

To be sold at public auction under an Order for Foreclosure, Sale and Possession, unless before the time of sale the amount due to the Plaintiff on the mortgage under foreclosure, plus costs to be taxed, are paid:

Property:

PID 41323627

All that piece or parcel of land situate lying and being know as Lot 5A, 27 Copperhead Road, Fall River, Halifax County, Nova Scotia, identified by PID 41323627 and more fully described at Schedule "B" of the mortgage dated February 7, 2013 and recorded at the Land Registration Office for Halifax County, Nova Scotia as Document No. 102533636. The property is registered pursuant to the Land Registration Act and is subject to the benefit of an easement and to the burden of an easement.

PID 41323635

All that piece or parcel of land situate lying and being know as Lot 5B, 15 Copperhead Road, Fall River, Halifax County, Nova Scotia, identified by PID 41323635 and more fully described at Schedule "B" of the mortgage dated February 7, 2013 and recorded at the Land Registration Office for Halifax County, Nova Scotia as Document No. 102533636. The property is registered pursuant to the Land Registration Act and is subject to the benefit of an easement and to the burden of three easements.

Copies of the descriptions of the properties, as contained in the Mortgage under foreclosure, are on file at the Sheriff's office and may be inspected during business hours.

Date of Sale: Wednesday, June 3, 2015

Time of Sale: 11:00 a.m. local time

Place of Sale: Law Courts, 1815 Upper Water Street, Halifax

Terms: Ten per cent (10%) deposit (payable to "Taylor MacLellan Cochrane, in Trust" by cash, certified cheque or solicitor's trust cheque) at the time of sale, remainder within fifteen (15) days upon delivery of deed.

Signed May 6, 2015

Adam D. Crane
PATTERSON LAW
1718 Argyle Street, 5th Floor
Halifax, NS B3J 3N6
Solicitor for the Plaintiff

Plamen P. Petkov, Barrister
Taylor MacLellan Cochrane

Neptune has dramatic impact

REPORT

Theatre creates jobs, supports local business and province

Lucie Edwardson
For Metro | Halifax

Neptune Theatre wants you to know that they offer more than just great live theatre. They also mean serious business.

On Thursday, they released their first Economic Impact Study since 2010, highlighting what they say proves them to be a strong contributor to the economic health of the city and the province.

Rob Batherson, president of the Neptune Theatre Foundation, said they released the report because they have a responsibility to show what they produce for the broader economy in Halifax and Nova Scotia.

"In our view, investing in Neptune Theatre — like investing in other forms of arts and culture — generates jobs, tax revenue



Cathy Jones, left, and Rhys Bevan-John run through a scene from Neptune Theatre's production of *Cradle and All* last year. JEFF HARPER/METRO

and economic impact that we all benefit from," said Batherson.

"So investing in arts and culture needs to be viewed by all levels of government as less of a cost and more as an investment that generates return to all."

The impact report done by Group ATN Consulting Inc. looks

at Neptune's 2013-14 season, highlighting the ways in which they say the theatre acts as "a multi-million dollar economic engine that creates jobs, pays taxes and supports other local businesses."

The report indicates the impact Neptune has on other lo-

cal businesses, stating for every ticket sold there is \$41 generated into other local businesses.

"Neptune patrons don't just come to see a show, they go to a restaurant, take a taxi — there are all kinds of patron spending that go beyond coming to a see a show," said Batherson.



Investing in arts and culture needs to be viewed by all levels of government as less of a cost and more as an investment that generates return to all.

Rob Batherson

The report also indicates the theatre employs 400 people annually, 80 per cent of whom are from Nova Scotia, and that they generate \$5.5 million in local wages and salaries a year.

Although Neptune faces an annual seesaw of funding from all levels of government, Batherson said they are proving themselves to be a worthy investment to their patrons, sponsors and government partners.

"By investing in Neptune Theatre they are helping support local people who are driving employment income from our theatre."

+ THE NUMBERS

Highlights of the Neptune Theatre's Economic Impact Study:

- For every dollar spent at Neptune, another dollar is spent locally.

- For every ticket sold, Neptune generates nearly \$41 in revenue for local businesses.

- 73,000 Neptune patrons spent \$3 million at local restaurants and bars, and on transportation in 2013-14.

- Nova Scotia-based patrons and Neptune's own operational spending contributed \$7.37 million into the local economy.

- Neptune contributes an estimated \$9.5 million to Nova Scotia's GDP.

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HALIFAX

Banning inbred dogs 'impossible'

ATTACK

Truro vet says inbreeding cannot be easily proven

A Nova Scotia veterinarian says having a ban on inbreeding dogs would be "impossible" to police.

Ed, a 10-month pitbull rescued by Krista Mader and her husband, was euthanized three weeks ago after attacking Mader.

Dr. Gwen Mowbray-Cashen, who owns and operates the Truro Veterinary Hospital, made the comment after reading comments made by Krista Mader, a Debert woman whose 10-month-old pitbull attacked her.

"It's tragic that this woman was mauled by her dog. He was a big dog and big dogs can do a lot of damage," said Mowbray-Cashen.

"He was a young dog as well, and I would be suspicious of his personality."

Mader is calling for legislation of inbreeding dogs after her pitbull, Ed, attacked her three weeks ago.

Mader suspected Ed was inbred and is planning on having an autopsy done to try and prove it.

"It's impossible to prove inbreeding without the DNA of the parents," said Mowbray-Cashen. "It might show genetic defects, but it's not going to shed any light on if the dog was inbred. Nor will an autopsy - it won't show much, unless there was a major organic brain disease."

The veterinarian said the number one dog that is surrendered to shelters, such as



Ed, a pitbull rescued by Krista Mader and her husband, was euthanized three weeks ago after attacking Mader. CONTRIBUTED

the SPCA, are pitbulls and the like, because many people who purchase pitbulls don't have them spayed or neutered.

Mader said her dog lunged at her out of nowhere while she was mopping her living

room floor, and says she does "everything right" when it comes to her dogs, including keeping them trained, socialized, and up-to-date on their medical needs.

Mowbray-Cashen admits dogs can be unpredictable if they're not socialized at a young age.

"I don't know anything about the relationship between this woman and her dog, but almost all dogs give warnings before they attack," Mowbray-Cashen said.

"They may have been missed, but dogs do give warnings."

TRURO DAILY NEWS



Dogs don't go psycho for no reason.

Dr. Gwen Mowbray-Cashen
Veterinarian

MISSING MAN

Body found in Bedford Basin

Police in Halifax say they have located the remains of a missing man who was last seen running from a Bedford gas station.

On May 1 at 10:30 p.m., police were called to the Esso location at 1505 Bedford Highway in regards to a suspicious person.

According to police, Michael Slaunwhite, 30, went into the store while leaving his car running to purchase a drink.

Police say Slaunwhite ran from the store on foot and left behind his car. He ran across

the street and behind several buildings that border the Sackville River.

The man had not been in touch with family or friends, and was reported missing to police on Monday.

On Thursday, police say divers from the RCMP Underwater Recovery Team located Slaunwhite's remains in the Bedford Basin, at the mouth of the Sackville River.

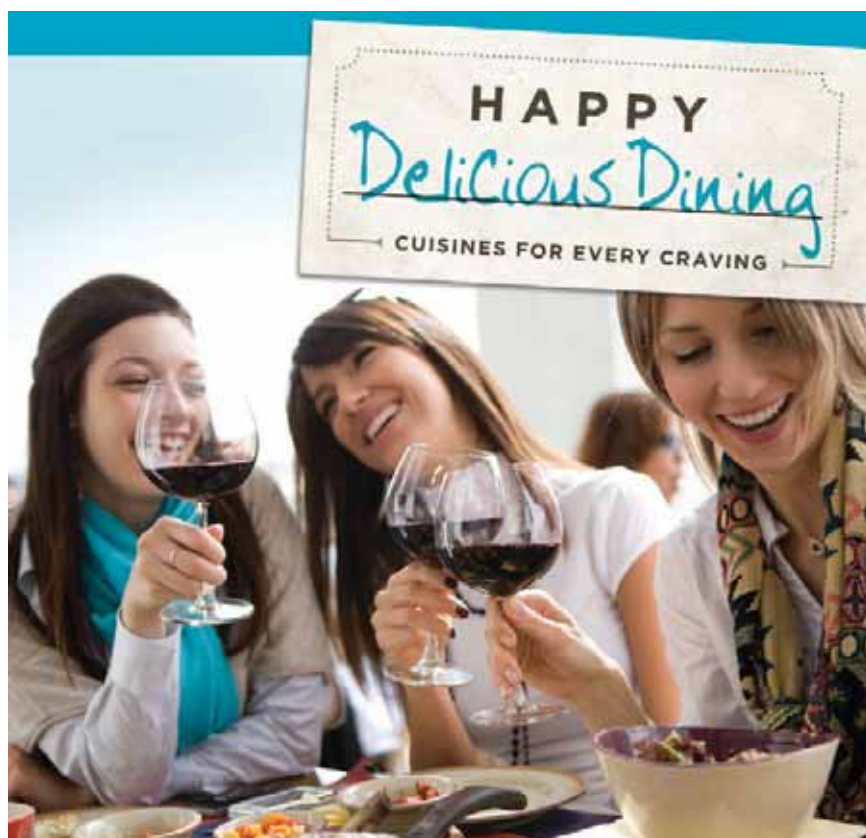
Foul play isn't suspected.

METRO



We extend our sincere sympathies to Michael's family and friends.

Halifax Police Service



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SEAPOINT IS COMING SOON TO HARBOUR ISLE

Harbour Isle is a 22-acre oceanfront community located on Halifax Harbour. Phase One, The Hazelton is almost fully occupied. Phase Two, the landmark Seapoint Condominium is launching soon and will offer unparalleled value to Halifax condo buyers.

Seapoint is the first landmark condominium at Harbour Isle Waterfront Village. It will offer stylish suites, inspired architecture and active lifestyle amenities. Suites will feature large balconies with glorious views of the harbour, city skyline and the Dartmouth Yacht Club next door. Seapoint time is coming. It's your time to own! Register for an advance preview before we open our Model Suite and Presentation Centre to the public.

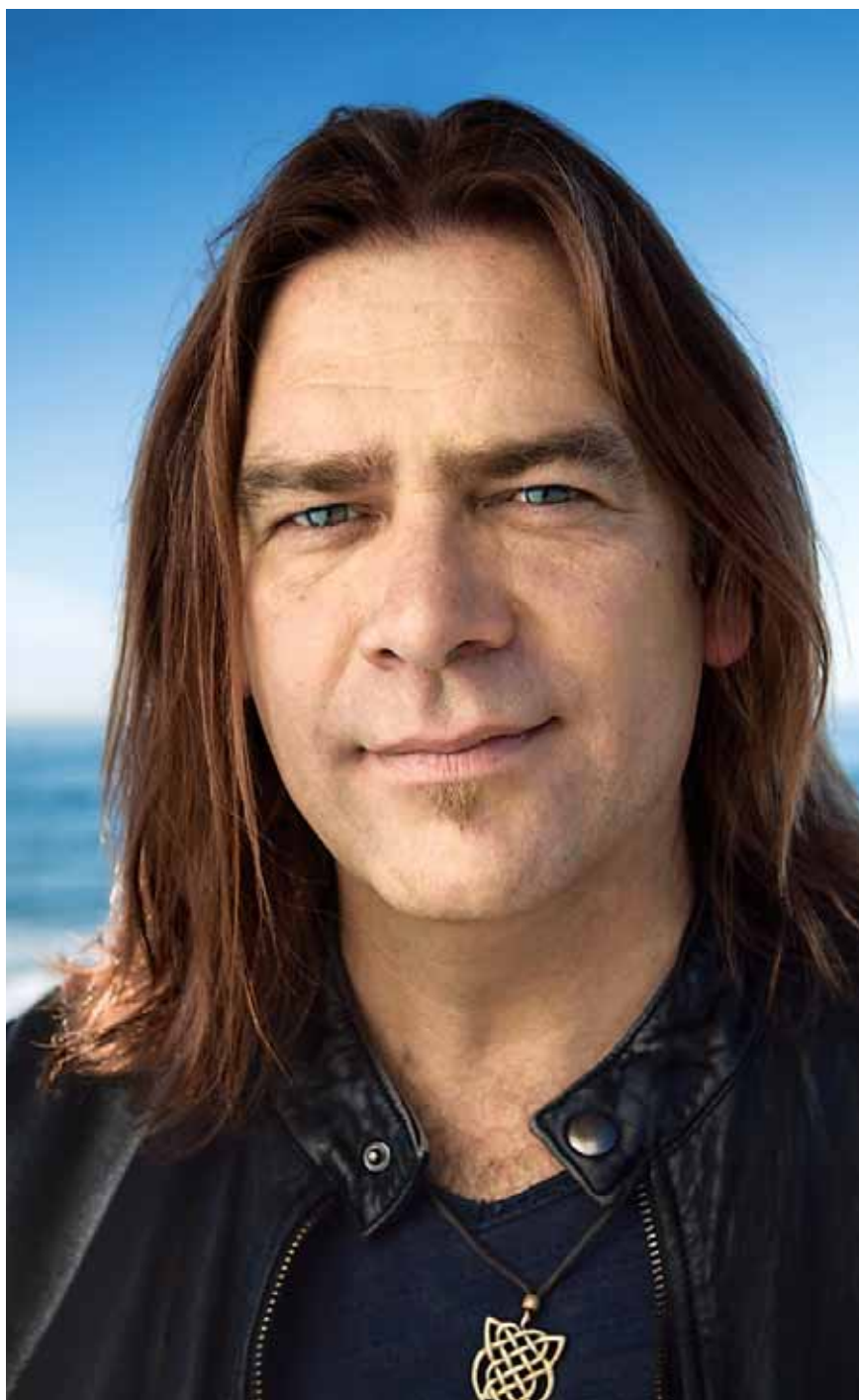
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Alan Doyle is ending a Canadian tour with a show in Halifax on Friday night. CONTRIBUTED

Alan Doyle's love letter to standout city

BACKSTAGE PASS

Newfoundland singer will play a sold-out show on Friday

Aly Thomson
For Metro | Halifax

Singer Alan Doyle's sold-out show at the Rebecca Cohn Auditorium is a homecoming of sorts.

The Newfoundlander, who achieved mainstream success as the frontman of Great Big Sea, has played on the city's stages for more than two decades.

And for a young band from Newfoundland, the bright lights of Halifax beat out those of every other musical hub, said Doyle.

"When you're a band from

“
When you're a band from Newfoundland ... the most important city in your young life isn't New York or Los Angeles or Toronto — it's Halifax.

Alan Doyle

Newfoundland ... the most important city in your young life isn't New York or Los Angeles or Toronto — it's Halifax. You have to have Halifax," the long-haired musician and actor said recently from just outside Boston.

"When you're in St. John's, the next big city is Halifax, and it's 24 hours away. And you need it. You need it to love you and you need to love it back, or you're dead."

Doyle has been touring North America to support the release of his second solo album *So Let's Go*, with the tour wrapping up in Halifax on Friday.

The album is a departure from his usual sound and has the singer dipping into the waters of pop music.

"I just thought it would be a cool experiment to have a big pop record centred around a guy from Petty Harbour," Doyle said with a laugh.

But Doyle said he wasn't necessarily trying to reach a wider audience with *So Let's Go*, just following what felt natural to him musically.

"I would be lying if I told you I wouldn't like to have a big smash No. 1 world hit. I certainly would. But hey, I'm just grateful if I can fill the pub."

Songs like *The Night Loves Us* marry the anthemic sounds of contemporary pop music with the playfulness

+ AUTOGRAPHS

Fans looking to shake hands with Alan Doyle can head to the HMV store in Mic Mac Mall at noon on Friday, where he will be performing and signing autographs.

and grit of Doyle's roots.

But the album isn't completely devoid of the fiddles, hand drums and gruff chanting often heard in Newfoundland watering holes.

The rousing "1, 2, 3, 4" will have you slapping your knee and singing along by song's end.

"I wanted to tip my hat to all my days playing in the pubs in Atlantic Canada," said Doyle.

"I wanted to write a song that every band at The Lower Deck is going to want to play for the next 20 years."

Doyle is presently filling rooms much bigger than The Lower Deck. But his days of filling local bars is something he looks back on fondly.

"Most people don't have the same reverence for pubs and pub music the way I do," said Doyle.

"I loved all my time playing music in those rooms and I always thought it was a really beautiful thing to be the powerhouse of an Atlantic Canadian pub."

DARTMOUTH

Waterfront to get new condo

A new condo development with more than 100 suites will soon be added to the Dartmouth waterfront.

On Thursday, Harbour Isle announced the new Seapoint condo development that will be part of the Waterfront Village community.

The condo will feature 105 suites starting from the "mid-\$200,000s," according to a release.

Harbour Isle is on the Dartmouth waterfront near the yacht club, providing access to trails, outdoor activities

105

The new Seapoint condo development will feature 105 suites starting from the mid-\$200,000s. The community will have a grocery store, wellness centre, restaurant, coffee shop and retail shops.

and local shopping while being next to other "points of interest."

The Seapoint condos will

join The Hazelton on Market-place Drive as the "next phase" of Waterfront Village, with more to follow.

According to the release, this community will also have amenities and services such as a grocery store, wellness centre, restaurant, coffee shop and a variety of retail shopping outlets.

METRO

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‘Mr. Khadr, you’re free to go’

COURT

After 13 years, ‘Guantanamo’s Child’ released on bail

“Mr. Khadr, you’re free to go.” With these words, an Alberta justice on Thursday paved the way for former Guantanamo Bay prisoner Omar Khadr to get his first taste of freedom in almost 13 years.

Supporters in the courtroom gasped in joy and Khadr, 28, smiled broadly as Appeal Court Justice Myra Bielby rejected the government’s last-ditch attempt to block his bail. The government, she said, had failed to prove his release would cause serious harm to Canadian interests or pose a risk to the public.

Khadr’s longtime lawyer Dennis Edney walked over to his client and whispered, “We done it.” Edney’s wife, Patricia sobbed uncontrollably for a few minutes, then hugged and kissed her husband.

Outside court, an emotional Edney said the day had been a long time coming as he talked about his client’s ordeal since the Americans captured him grievously wounded in Afghanistan in July 2002, when he was 15 years old.

The government, which has consistently branded Khadr an unrepentant terrorist and said it would fight his release every step of the way, expressed disappointment at the latest turn of events.

“(We) regret that a convicted terrorist has been allowed back into Canadian society without having served his full sentence,” Jeremy Laurin, a spokesman for Public Safety Minister Steven Blaney, said in a statement.

As paperwork was prepared for Khadr’s release, which comes with a list of restrictions includ-



Omar Khadr, right, walks out of court Thursday with his lawyer Dennis Edney in Edmonton. HANDOUT/THE CANADIAN PRESS

Khadr’s bail comes with conditions

Omar Khadr has been released on \$5,000 bail while he appeals his war crimes convictions in the United States.

His bail conditions include:

- Must wear an electronic monitoring device.
- Must live with his lawyer Dennis Edney.
- Must observe a nightly curfew from 10 p.m. to 7 a.m.

- Cannot leave Alberta without prior approval, except to visit Edneys’ vacation home in B.C.
- May only contact his family by telephone or video under the Edneys’ supervision, and chat must be in English.
- May only have in-person visits with his family with prior approval from a bail supervisor.
- Any Internet access will be restricted and must be monitored and supervised.

ALBERTA COURT OF QUEEN’S BENCH

We left a Canadian child in Guantanamo Bay to suffer torture (and) we Canada participated in this torture. So today’s a wonderful day for justice.

Dennis Edney, Omar Khadr’s longtime lawyer

ing wearing a tracking bracelet and a curfew, an emotional Edney stepped outside to denounce a federal government under Prime Minister Stephen Harper for showing no mercy.

Within two hours of Bielby’s decision, a grinning Edney who had received a crash course in tracking bracelets, left the courthouse with Khadr for his first venture outside without guards in more than a decade.

Edney’s co-counsel, Nate Whiting, tweeted a picture of the two leaving.

Khadr, who had no immediate comment, pleaded guilty in October 2010 before a widely discredited military commission to five war crimes — including murder in the death of a U.S. special forces soldier. In exchange, the commission handed him a further eight-year sentence.

Dubbed “Guantanamo’s

Child,” he was the youngest inmate and lone westerner left in the naval prison at the time. He remains the only person convicted of murder for the battlefield death of an American soldier in Afghanistan.

Khadr returned to Canada from Guantanamo Bay, where he had been held for a decade, in 2012 under an international transfer treaty, and later said he had only pleaded guilty to get out of the notorious prison.

Last month, Alberta Court of Queen’s Bench Justice June Ross granted his bid for bail while he appeals his war-crimes conviction, but the Canadian government made a last-ditch attempt to have the ruling stayed.

Bielby, after thinking about it

for two days, would have none of it. Any risks to Canadian interests were largely speculative and at best minor, she said.

Following his transfer to Canada, Khadr was housed in a maximum security institution in Ontario, before being transferred to Edmonton, and then to Bowden Institution near Innisfail, Alta., where he was recently classified as a minimum security prisoner.

Khadr’s legal odyssey is far from over.

His \$20-million civil lawsuit that claims the government conspired with the Americans to torture him and breach his rights is still ongoing, while Ottawa’s challenge of his youth status reaches the Supreme Court of Canada next week. THE CANADIAN PRESS

COMMUNITY

Support for Khadr strong

For the last 12 years, in between interrogation sessions and working in prison factories, Omar Khadr has been trying to learn beyond his Grade 8 education.

Khadr, now 28, has always known the day would come when he would finally leave prison and have to adjust to everyday life.

While governments, circumstance and his parents, each in their own way, have failed Khadr, strangers have stepped into the void to help educate him.

Nine Alberta university professors, most of them from The King’s University in suburban Edmonton, have spent years visiting Khadr in prison, and tutoring him. Since Khadr was transferred to Alberta in May 2013, the professors have worked with him at least once a week.

There are also those who offer Khadr a schooling of another kind — not in books but in the benefits of socializing and shooting the breeze. These socially adept university students and recent graduates write him letters and visit him in prison.

Seven women from various countries have even started the online campaign Free Omar Khadr Now. University of Alberta graduate Muna Abougoush is one of them. She began the website six years ago to keep Khadr’s name circulating.

“Omar has such a support community,” says Abougoush. This past Christmas, Khadr received 500 letters from supporters — some as far away as China. And he tries to answer them all.

Khadr’s supporters come from different faiths and cultures. They have all become his safety net, supporting his lawyer Dennis Edney and his wife Patricia. The Edneys are taking Khadr into their home after his release.

TORSTAR NEWS SERVICE

IN BRIEF

Rule change allows for lots of spending in byelections

Federal parties and their candidates will be eligible to spend millions of taxpayer-subsidized dollars to contest three federal byelections, thanks to rule changes enacted last year in the government’s controversial Fair Elections Act.

The rule change allows individual candidates — and national parties — to inflate their spending cap by a pro-rated amount whenever a campaign extends beyond the 37-day minimum. THE CANADIAN PRESS

Travel restrictions questioned at Duffy trial

There’s a two-step dance that parliamentarians learn so they can piggyback political events onto taxpayer-paid trips — were Sen. Mike Duffy’s waltzes across the country at the behest of his colleagues any different? That’s one of the questions crystallizing now that Duffy’s trial has begun to hear from his former Conservative caucus mates.

The Crown says Duffy was attending political events, and not dealing with Senate business.

Duffy appears to have a two-track defence. He argues the Senate never explicitly prohibited travel to political events in its

rules and that he was, in fact, doing official business while on these trips.

British Columbia Conservative MP Ron Cannan, who testified at the trial, explained a scenario Thursday when talking to reporters outside the courtroom.

“I was in city council for nine years, and we had a really good senator, Liberal senator Ross Fitzpatrick, and he used to bring senators in, they might meet with mayor and council for an hour and whatever they did afterwards, if they went to his winery and toured and played golf, they could incorporate that,” Cannan said.

MEETINGS

A former Conservative colleague of Duffy’s, who asked to remain anonymous, said it’s common practice for parliamentarians to organize an official meeting with someone in order to help pay for a trip of personal or party interest.

In Cannan’s case, he heard that Duffy was going to speak in a neighbouring riding, and asked if the senator could add another

Conservative mingle in June 2009. Duffy was on a swing through the province and the Yukon, attending Conservative events with other MPs and senators.

Duffy’s daily calendars show a sprinkling of non-partisan events, including a speech to the Fraser Institute entitled: Are the Conservatives being Conservative?, and meeting with local mayors in Duncan’s riding.

What is clear, however, is that Duffy was a big draw among Conservatives who wanted to raise money or just interest among local supporters.

THE CANADIAN PRESS



Mike Duffy THE CANADIAN PRESS

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PARIS

UN slowed abuse claim: Prosecutor

The "UN hierarchy" rejected French efforts to hear from the author of a UN report alleging that French soldiers sexually abused four children in the Central African Republic, the Paris prosecutor's office said Thursday.

The revelation accompanied word that French authorities had opened a formal judicial inquiry into the case that the Paris prosecutors' office knew about in July, but was made public only last week following a report in the British newspaper the Guardian. Independent judges will now take over the case from the prosecutor's office, an acknowledgment of the seriousness and complexity of the accusations that have sparked international dismay and led to the suspension of a UN official who leaked the abuse claims.

The prosecutor's office said

UN officials twice rejected French efforts to speak with the report's author, though she was willing to talk with them in Paris. The report's author said she spoke with six children, four who said they were abused and two others who said they witnessed the abuse.

"The UN hierarchy refused this questioning, however, indicating that the functionary benefited from immunity that had to be lifted before any questioning," the prosecutor's office said in a statement. The report's author was not identified.

The statement also cited a total of more than six months of delays in French investigators' efforts to get answers from her, which finally resulted in written responses received on April 29 and in turn led to the probe announced Thursday.

THE ASSOCIATED PRESS

MIGRANT CRISIS

Italian navy finds capsized ship

Italian navy ships on Thursday located what is believed to be the fishing boat that capsized April 18 with an estimated 800 migrants aboard, a tragedy that spurred Italy and Europe into a new round of soul-searching over how to cope with the record waves of migrants coming ashore from Libya.

Using sonar and a submarine, the navy said Thursday it had located a blue, 25-metre vessel matching the description of the doomed boat about 135 kilometres northeast of the Libyan coast. It was resting on the seabed at a depth of around 375 metres, a statement said.

A navy official said the boat could be raised at such depths, but that any decision to do so rested with Sicilian prosecutors who are conducting the criminal investigation into the deaths and requested the navy try to locate the wreck.

Survivors reported that up to 800 people were locked into two levels of the hold by the smugglers. The boat capsized when its captain mistakenly rammed it into the freighter that had come to its rescue. It was further destabilized when the migrants on deck then rushed to one side hoping to get off first. THE ASSOCIATED PRESS

IN BRIEF

Six-year-old girl dies after sailboat sinks in Atlantic

A 6-year-old French girl who braved hours in the ocean with her father amid 10-metre waves after a yacht sank in the mid-Atlantic later died of hypothermia, Portuguese authorities said Thursday. A French sailboat carrying a French couple and their two children sank after midnight, Portuguese navy spokesman Paulo Vicente said. The mother and 9-year-old son climbed into the yacht's lifeboat and were picked up by a merchant ship.

THE ASSOCIATED PRESS

U.S., Saudi Arabia call for 5-day cease-fire in Yemen

Saudi Arabia and the United States on Thursday announced a five-day, renewable cease-fire in Yemen's war to allow aid to reach millions of civilians caught in a humanitarian crisis from the conflict. But the truce is dependent on Iran-backed rebels and their allies also agreeing to stop fighting, they said. The announcement came as battles raged in several parts of Yemen between forces loyal to the nation's internationally recognized president and the Shiite rebels and their allies.

THE ASSOCIATED PRESS



U.K. Labour Party Parliamentary candidate for Aberavon, Stephen Kinnock stands with his wife, Prime Minister of Denmark Helle Thorning-Schmidt during the counting in Britain's election at Neath Sports Centre in Neath, Wales Thursday. British voters streamed to schools, churches and pubs Thursday for a say in their country's future, voting for lawmakers in an election expected to produce no clear victor and lead to days of frantic haggling for power. JOE GIDDENS/THE ASSOCIATED PRESS

Exit poll sees strong showing for Tories

U.K. ELECTION

About 50M registered to vote

British voters streamed to schools, churches and pubs Thursday for a say in their country's future, voting for lawmakers in an election expected to produce no clear victor and lead to days of frantic haggling for power.

Prime Minister David Cameron's Conservative Party fared much better than expected, an exit poll projected, suggesting it is within touch-

ing distance of forming a new government.

The opposition Labour Party of Ed Miliband took a beating, according to the poll, much of it due to the rise of the separatist Scottish National Party.

Cameron's coalition partner, the Liberal Democrat Party, was expected to lose most of its seats.

If no party wins outright, it may take days or weeks of negotiation to forge a workable government.

The carefully stage-managed campaign lacked impromptu drama. But television debate appearances in which the public put questions di-

rectly to the politicians made plain that many distrust promises to safeguard the economy, protect the National Health Service from severe cutbacks and control the number of migrants from the European Union.

Voters were making their voices heard all across this island nation of 64 million people. And signs of the unfolding political drama were abundant. The squares opposite Parliament were packed with temporary outdoor television studios, while commuters picked up newspapers urging voters to the polls.

THE ASSOCIATED PRESS

+ UPDATES

The exit poll projected that the Conservatives would get 316 seats — up from 302 and far more than had been predicted — and Labour 239, down from 256. The Liberal Democrats would shrink from 56 seats to 10, while the Scottish nationalists would grow from six to 58, all but one of Scotland's seats.

+ LATEST RESULTS, METRONEWS.CA

FRANCE

Phone-tapping of Sarkozy was legal: Court

The Paris appeals court ruled Thursday that investigating judges didn't break any laws when they tapped conversations between former President Nicolas Sarkozy and his lawyer, in connection with a probe into past campaign financing.

The decision Thursday is a new blow to the conservative opposition leader as he eyes a 2017 presidential bid, because it allows investigations to resume.

Sarkozy is under preliminary charges for active corruption and influence-peddling based

on information gleaned from the phone taps. It's among several legal cases he has faced since losing the presidency to Francois Hollande in 2012 — but it's the case that has the greatest chances of seeing Sarkozy sent to trial.

Sarkozy and his lawyer Thierry Herzog had protested the phone taps, saying they breached lawyer-client privilege and that the investigating judges didn't get proper authorization.

But the appeals court ruled in favour of investigators, ac-

cording to Herzog's lawyer, Paul-Albert Iweins. The court found that wiretapping on different phone lines used by Sarkozy under his own name and under the false identity of "Paul Bismuth" had been legally carried out, except for one minor phone line.

Lawyers said Sarkozy and Herzog would appeal to France's top court, the Cour de Cassation. "The fight for the confidentiality of communications between a lawyer and client is not just Thierry Herzog's fight, it is the fight of all

lawyers," Iweins said.

Investigators tapped the phones in 2013-2014 as part of a probe into illegal financing of Sarkozy's 2007 presidential campaign. By chance, they discovered an alleged influence-peddling plot by Sarkozy and Herzog as they tried to obtain confidential information about the financing probe.

That discovery prompted a new, separate investigation. The ruling Thursday means that investigation can now resume after a seven-month suspension. THE ASSOCIATED PRESS

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Facebook exec faces new work-life crisis over death

CAREERS

Loss of partner raises question of how soon to return to work

What happened to Sheryl Sandberg could happen to anyone: the woman who wrote the book on balancing career and family will have to figure out how soon she will return to her high-profile job following the unexpected death of her husband.

In the book *Lean In*, the Facebook chief operating officer wrote that marriage is "the biggest career decision" a person can make and implored women who want to move up the corporate ladder to settle with someone who wants to do his share in the home.

Now, Sandberg faces the prospect of raising two young children and continuing in a high-flying tech career without David Goldberg, her husband of 11 years who she often credits with providing the support that was necessary for her to succeed both personally and professionally.

"Dave was my rock," Sandberg wrote in a Facebook tribute Tuesday after the funeral of David Goldberg, who died in a treadmill accident while vacationing in Mexico. "When I got upset, he stayed calm. When I was worried, he said



Facebook COO Sheryl Sandberg with her late husband, David Goldberg, in a 2011 file photo. Goldberg died while exercising at a Mexican vacation resort on Friday. THE ASSOCIATED PRESS FILE

it would be OK. When I wasn't sure what to do, he figured it out."

Sandberg has not made public her plans on returning to Facebook, but the decision she faces highlights a question that the average worker is not prepared to consider until a similar tragedy strikes: how soon is too soon to return to



The first issue is when to go back to work after tragedy strikes ... There is no easy answer on that.

Karissa Thacker, workplace psychologist

work after losing a partner, parent or child?

For those who can, experts recommend taking time off. Many big companies offer a

few days of paid bereavement leave and counselling for employees once they return to work.

But experts say workers can

grieve for weeks, months, even years following a death. At a time when workers are being asked to spend more of their time at the office and away from home, they say more companies are flexible in these circumstances.

Karissa Thacker, a workplace psychologist who has consulted for companies such as Ford, UPS and Best Buy, said she thinks Sandberg will "certainly Lean In" and negotiate how much time she needs for herself during this difficult time. As the No. 2 executive at Facebook (one of the Top 20 best places to work in 2015, according to Glassdoor), she is in a position to do so. But other workers in less high-profile jobs may also be afforded more time.

Many workers find it difficult to jump back into the demands of their daily workload once they're back at the office. Experts suggest a slow return to work, even going part-time for a while, if possible. And they say everyone from the employers to the workers themselves should be flexible.

Getting back into a routine can help with coping, though. Some people use their grief to help others. Katie Couric, the TV journalist and former talk-show host who lost her husband to colon cancer in 1998, became an outspoken advocate for colon-cancer awareness.

THE ASSOCIATED PRESS

MCDONALD'S

Kale salad on menu in Canada

Canadian McDonald's outlets are now serving up new salads featuring an unexpected ingredient from the struggling fast-food giant: Kale.

The world's biggest burger chain, in a battle to reinvent itself, introduced three salads in Canada on Thursday with trendy kale as an ingredient.

The nutrient-rich green has seen a surge in popularity in recent years as health-conscious consumers have eaten leafy kale in salads, smoothies and even baked as chips.

Chris Foong, an analyst with research firm Datassential, said in an email that the number of dining establishments in Canada with kale on the menu increased more than six-fold between 2010 and 2014, to nine per cent of all restaurants across the country. The vegetable is even referenced in Beyonce's music video for last year's "7/11" single, in which the singer wears a sweater emblazoned with the word "Kale".

THE ASSOCIATED PRESS

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ROSEMARY WESTWOOD

metroview

Finding joy in every day: My mother's love is in the details

It's the week before Mother's Day, and I get a parcel in the mail.

I don't have kids. I have a mum to whom Canada Post owes heartfelt gratitude for the money she continues to spend on postage. A mum with a talent for what I call "small-ities" — tiny gestures, short notes, little kindnesses.

This time the parcel consists of a hand-me-down book of poetry, a clipping from the Victoria Times-Colonist newspaper and a postcard bearing the image of an elephant, dressed as a scientist, gawking at the explosion he's just created.

"There's bound to be the odd explosion," mum writes in her larger, rounded script, responding to a recent conversation where I had some complaining to do about life.

Many people live in the anticipation, or the wake, of these explosions. Some, like my mum, live more in the joyous details of a day, and they make things nicer for the rest of us.

Each time she sends me mail — at least a monthly occurrence — I feel surprised, loved, comforted and guilty.

It's not just that I send comparatively few sweet notes and, in this case, have as yet put nothing in the mail for Mother's Day. It's that I'll never be as thoughtful as she is.

For every person she knows tangentially who has

a new baby, there is a book. For every friend she walks dogs with, a birthday jar of jam. In the spring, she always left potted hyacinths in our bedrooms, and their perfume reminds me of the way she eschewed fancy pots and placed the plants, instead, on a random saucer.

Her gestures aren't expensive. They often come in reused wrapping paper. Sometimes she finds them washed up on the beach. They might be a batch of "everything cookies" — made of coconut, chocolate chips, raisins and oats.

If she had to make an effort to be this way, it would be exhausting. But this is no practice of mindfulness. No trick from a self-help book. She is like the little songbirds she loves so much, who go about eating seeds and darting between trees without over-thinking it.

The other morning, she was distracted while playing tennis by a large heron flying into a nearby tree to wrestle away dead branches for his nest.

"He must have been a good 20 or 30 minutes, the poor bird, trying to get twigs," she said.

Every time I manage to hear a bird chirp above the nattering in my own head, I'm reminded of her. Sometimes I even try to be more grateful for — and attentive to — the small kindnesses of life.

Happy face/Sad face

From **insulting emojis** to **vivacious veterans**, Metro weighs in on the news making headlines



Noises cause more than feline fright

A study in the Journal of Feline Medicine and Surgery found certain sounds — especially crinkling tinfoil, but also jangling keys or the clink of a spoon — can cause seizures in elderly cats. The researchers suggested cats are hypersensitive to sounds in the same pitch as a rodent's squeal — though even some deaf cats have been reported to suffer from this strange syndrome. BBC.COM



Microsoft gives users the finger

As it prepares to release the upcoming — and final — version of its operating system, Windows 10, Microsoft has unveiled an unconventional new emoji. For those moments when you need to send a really clear message via text, there will soon be a middle-finger character to perfectly encapsulate your feelings. The somewhat nasty symbol comes in a rainbow of skin tones. METRO



Veteran wages war on would-be attacker

A robber got more than he bargained for when he attacked 95-year-old Second World War veteran Arthur Kamberis in New Hampshire. Kamberis was leaving a pharmacy when a man approached and reached for his wallet. Kamberis gave the man several firm whacks with his cane before a passerby came to his aid. The attacker fled. Kamberis wasn't hurt, and the Good Samaritan drove him home. Police are still searching for a suspect. THE ASSOCIATED PRESS



Teen brings some sass to sex ed

The Internet was treated to some of the cheekiest answers ever on a sex-education quiz this week after a post on the photo-sharing site Imgur went viral. On the test, then-14-year-old Montrealer Mariah Fridman was asked to describe how to deal with a partner's objections to condoms. For "I don't have a condom with me," she suggested the comeback, "I don't have my vagina with me." For "Just this once; we hardly ever have sex," she quipped, "Now you know why." BUZZFEED.COM

Avoiding touchy topics won't make them go away

THE KOHLER REPORT

Rebecca Kohler



Thousands of students across Ontario missed out on school this week when their parents kept them home in protest of the province's new sex-ed curriculum. The updated lesson plans touch on things (no pun intended) like gender identity, anal sex and the potential dangers of sexting. While these topics are new territory for some people, what got me giggling was certain parents' concerns over the fact that masturbation would be discussed with Grade 6 students.

In fact, there was a rumour circulating that teachers were actually going to demonstrate how to masturbate. I found this idea amusing, and then, as I started picturing some of

my elementary-school teachers giving such a lesson, disturbing. Would they do it casually while leaning on their desk? Bring in a trundle bed for the occasion? I thought of one of my French teachers — I'll call her Madame LaTulipe — who was missing half of one finger. And then I realized I don't know how to say "masturbate" in French, despite having been in French immersion. (They seriously don't know how to teach French in this country.)

Later, I remembered how when I was a kid I didn't hold my pencil properly, and my teacher put a plastic triangle on it to correct my finger positioning. Would there be a plastic triangle for the kids who didn't masturbate properly? A penis triangle?

Weird imaginings aside, I do think it's important to talk about masturbation in school just in case kids feel weird

about it, or if for some inexplicable reason they haven't yet discovered the best app the body has to offer.

And that's what a lot of the concerned parents are wary of: that the new curriculum will sexualize their children. But that's based on an age-old misconception. The truth is, children sexualize themselves — I mean, all the school supplies needed for this subject can be found in their pants.

Meanwhile, a Texas high school is in the news this week because it has been hit with a chlamydia outbreak, and guess what the school's sex-ed program teaches? Abstinence. They don't teach, "How to have sex and catch chlamydia." They teach nothing.

Perhaps parents should be more upset that, while there's so much to learn, schools are wasting precious time teaching kids something

The truth is, children sexualize themselves. All the school supplies for this subject are found in their pants.

they already know. (Why not a lesson in, "How to breathe through your nose and/or mouth"? But no — they kept their children home for fear their little innocents would go to school and learn how to masturbate.

I wonder how those kids passed the time all alone in their rooms.

Rebecca Kohler is a stand-up comic, writer, actor, gymnast, lawyer and chemist. (Some of this isn't true.) Follow her on Twitter @becca_kohler

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Girls just wanna have fun, too

ANALYSIS

Hollywood has been slow to make female bonding fodder for comedy

IN FOCUS

Richard Crouse



This weekend Reese Witherspoon and Sofia Vergara play a by-the-book cop and the widow of a drug boss in the comedy *Hot Pursuit*. The unlikely duo hit the road, teaming up to outrun crooked cops and a murderous cartel. "Right now we can't trust anyone but each other," says Reese as they crack wise and dodge bullets.

It's a movie that follows in the long tradition of Hollywood buddy comedies.

There's an argument to be made that Abbott and Costello or Laurel and Hardy originated buddy comedies long before Jack Lemmon and Tony Curtis donned dresses and camped it up in 1959's *Some Like It Hot*.

For my money, however, the Billy Wilder film about two musicians who witness the St. Valentine's Day Massacre and flee the state disguised as women set the template for the modern buddy movie.

The basic formula is there — colliding personalities, gibes and comic conflict between

the two actors — but more important than any of that is the chemistry between Lemmon and Curtis. Even though every buddy picture relies on tension between the leads, sparks also have to fly between them or the whole thing will fall flat.

Brett Ratner, director of *Rush Hour* 1, 2 and 3 — which paired Owen Wilson and Jackie Chan to great effect — calls interesting chemistry between actors "an explosion in a bottle" and says it's crucial to the success of any buddy pic.

Since *Some Like It Hot*, producers have paired up a laundry list of actors searching for the perfect mix. Lemmon and Walter Matthau were the journeymen of the genre, co-starring in six buddy pictures ranging from the sublime — *The Odd Couple*, which features the classic buddy picture one-liner, "I'm a neurotic nut, but you're crazy," — to the ridiculous — *Grumpier Old Men*.

The female buddy comedy is a more elusive beast. Recently Melissa McCarthy and Sandra Bullock teamed as a tough-talking street cop and uptight, lone wolf FBI agent to bring down a murderous drug dealer in *The Heat*. And in the 1980s, Bette Midler was the Queen of the form, pairing off with Shelley Long for *Outrageous Fortune* and with Lily Tomlin for *Big Business* in which both stars played dual roles, making it a buddy comedy times two. "Two's company. Four's a riot," read the movie tagline.

There are others, dating back to 1937's *Stage Door*, but there

DAMES ON DUTY

Turn the p. 28 to see how Metro would recast classic cop movies with female leads



Sofia Vergara and Reese Witherspoon star in *Hot Pursuit*, a female buddy comedy that opens this weekend. CONTRIBUTED

is no debating that Hollywood has been slow to feature female bonding as a subject of buddy movies. It's wild that there are two man-and-his-dog buddy movies — *Turner and Hooch* and *K9* — but so few featuring women. Despite the box office success of

several female buddy comedies, sequels have been as rare as hen's teeth. For instance, *Vulture*.com points out that of the dueling buddy comedies released on April 25, 2008 — Tina Fey and Amy Poehler's *Baby Mama* and Harold & Kumar Escape from

Guantanamo Bay — Fey and company grossed \$60 million, while Harold and friends made \$38 million and yet the guys laughed all the way to another sequel while *Baby Mama* remains a one-off.

Hollywood is finally warming to the idea of female-driven com-

edies, so perhaps this weekend Witherspoon and the highest paid woman on television can generate enough dough to warrant another team-up.

In the movie biz, money usually speaks louder than anything, including gender.



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Cryptic Church of Scientology

GOING CLEAR

Doc sheds light on religion's dark side

Steve Gow
For Metro

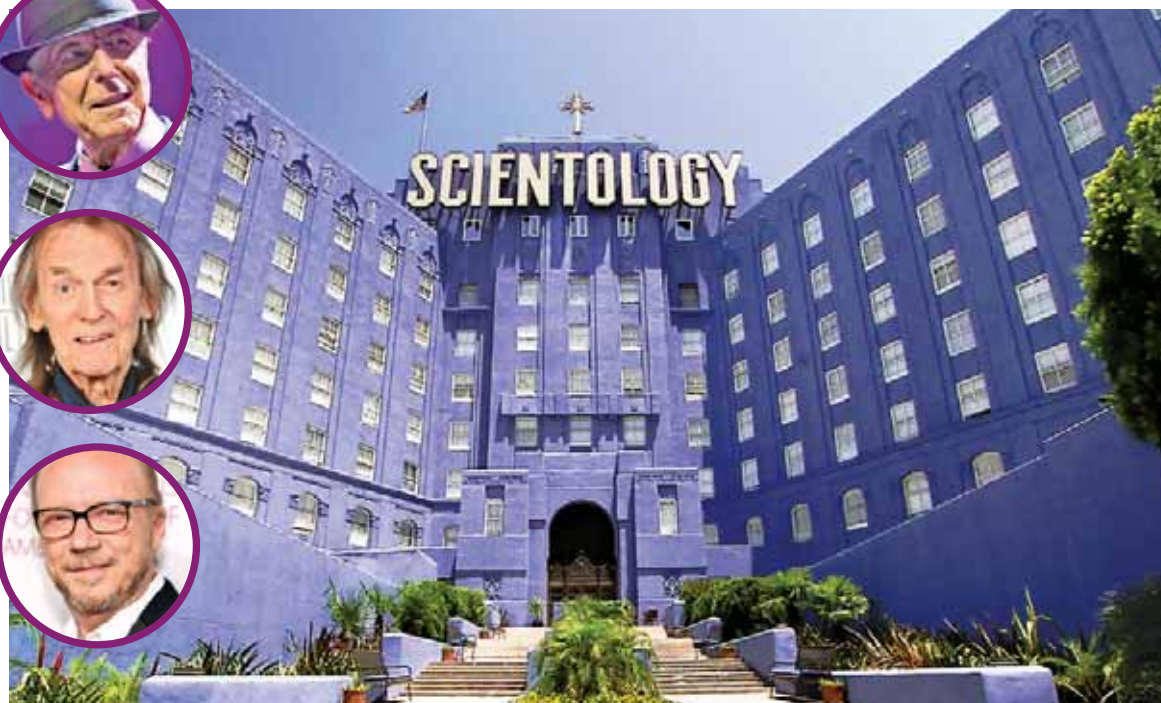
What do Leonard Cohen, Gordon Lightfoot and Oscar-winning filmmaker Paul Haggis have in common? If you guessed they're all famous Canadians, you're right. But they have also been linked in the media to Scientology.

"You've one-upped me on that," laughed Mike Rinder during a recent interview to discuss his participation in the provocative new documentary *Going Clear: Scientology and the Prison of Belief*. As a former high-ranking executive of the Church of Scientology, Rinder may not have kept tally on the Canadian contingent of the Church's congregation, but he does understand why so many Scientologists are famous.

"(Founder) L. Ron Hubbard realized that if you get celebrities involved, they will spread the word," said the 60-year-old defector.

"If you ask anybody on the street what (they) know about Scientology, probably the answer will be 'Well, I know Tom Cruise or John Travolta is one of them.'"

That is just one of the many curiosities raised about Scientology in *Going Clear* — a dramatic declaration about the cryptic billion-dollar church that hides dark secrets behind the walls of



Canadians Leonard Cohen, Gordon Lightfoot and Paul Haggis have all once been linked to Scientology. CONTRIBUTED/GETTY

its slick Hollywood headquarters.

The film claims such misdeeds include physical abuse, threats of lawsuits, forcing family members to "disconnect" (sever lines of communication) and even blackmail.

"John (Travolta) has said himself that he thinks Scientology is wonderful and that it's treated him wonderfully. I believe that, in part, is true," said Rinder — before suggesting there may be a more fundamental cause for Travolta's blind loyalty.

"If he were to speak out, per-



You can go to almost any city in the U.S. and the prominence of the local Church of Scientology is just about the same as the prominence in Toronto, which is zero.

Former Scientologist Mike Rinder

haps his wife would not agree and disconnect and maybe influence his children to do the same."

That "disconnection" is a tragic aspect of the church that's

affected Rinder directly.

Since leaving Scientology abruptly in 2007, he has been "disconnected" entirely from his family — who remain Scientologists.

While that loss may fuel his "responsibility to do something" for others stuck in the Church, many Canadians will feel relieved Rinder's activism against the cult of Scientology lies mainly south of the border.

"I don't think its impact has made many in-roads in Canada at all. But I don't think that's any different than the United States," said Rinder.

He says that outside of the Church's two main hubs in Hollywood and Florida, Scientology has had little prominence, even

MORE MOVIES

Other films about cults:

• *The Master* (2012)

This Oscar-nominated drama follows a military vet lured into a religious cult by its charismatic leader (Philip Seymour Hoffman). While filmmaker Paul Thomas Anderson has downplayed it, there are notable parallels to Scientology.

• *Ticket to Heaven* (1981)

Friends attempt to deprogram a young Torontonian after he is seduced by a fundraising religious cult in this acclaimed, Genie Award-winning Canadian drama starring a young Kim Cattrall.

• *Jesus Camp* (2006)

An Oscar-nominated documentary, *Jesus Camp* examines a religious-based summer-retreat that trains children to be "God's Army."

as the organization continues to raise money and boast about its growth — which notably includes a recently constructed shrine in Cambridge, Ont.

"The Church tries to claim that this is evidence that there is this massive expansion that's occurring but if you were to take a drive over to Cambridge and walk in the front door, you will find a completely empty building," said Rinder. "They're like that all over the place."

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Iris Apfel has never heard of normcore

DOCUMENTARY

Nonagenarian says great style takes a lot of work



Lucy Scholey
Metro|Ottawa

Wearing big, round glasses and layers of colourful bangles, Iris Apfel haggles for deals at thrift stores.

It's the recurring scene in the new documentary, *Iris*, about the now 93-year-old New York fashion icon. The film will be screened across Canada this month.

The natty nonagenarian talked to Metro about her style.

What do you think of today's Instagram and YouTube style icons?

I don't know much about it. Technologically, I live in the 17th century and I don't do computer and I don't do Internet, so I really don't know. But I did a program for YouTube when I was in California and what I saw when I was there was a little bit frightening. Not my idea of what style icons should be.

What styles do you think will last until the end of time?

There is no one style that will last until the end of time. Style is a very personal thing. It has to be part of the person who is stylish. It's a huge mistake looking for some sort of universal style. It's fashion, but style is quite different. Style is an attitude, an expression of one's personality, and it can't be a one-size-fits-all kind of thing, in my view.

Any trends you're not big on?

I don't follow trends. I think they're foolish. I mean, if trends work for you, then great. The fashion press, they're very dictatorial — you must have this, this is in, this is out, the 10 things you have to have this season. I mean, you don't have to have anything this season if it doesn't suit you. And you have to have the ability to choose what suits you if you want to look interesting and not just follow the herd and look like one of the sheep. **Do you have any advice on how one can establish or**



Iris Apfel is the subject of the new documentary *Iris*, documenting her life in fashion. © BRUCE WEBER

discover an individual style?

You have to work at it. A lot of people don't want to do it. They want instant everything. You have to know who you are, what you can carry, how much time you're willing to put into it. It takes a long time. You have to do trial and error. You have to try things and see how they work. Sometimes they work very well and sometimes they don't.

Can you describe how your fashion sense has evolved?

I think my look has been pretty much the same forever. I mean, it's gotten a little more sophisticated, perhaps. But I don't think my style has changed. I'm still the same person. I was always known for being extremely colourful. I wear less colour

now, I think, than I did before.

What about some wardrobe essentials everyone should have in their closets?

It depends on who you are. There are no essentials everybody should have. I don't think like that. I mean, what could be essential for you might be extraneous for me.

What do you think of the latest "normcore" trend? Normcore? What's that?

It's a fashion trend that's supposed to be undistinguished — sneakers and T-shirts. Apparently, it's in right now. That doesn't make it style. Maybe it makes it fashion, but that's fine. I wear jeans. I love jeans.

Now playing



COMEDY

Adult Beginners

Director: Ross Katz
Starring: Rose Byrne, zNick Kroll

A young, hipster entrepreneur (Nick Kroll) crashes and burns on the eve of his company's big launch. With his entire life in disarray, he leaves Manhattan to move in with his estranged pregnant sister (Rose Byrne), brother-in-law (Bobby Cannavale) and three year-old nephew in the suburbs — only to become their nanny.

ROTTEN TOMATOES™ SCORE

Critics: 45% **Audience:** 40%



COMEDY

Hot Pursuit

Director: Anne Fletcher
Starring: Reese Witherspoon, Sofia Vergara

In *Hot Pursuit*, an uptight and by-the-book cop (Reese Witherspoon) tries to protect the sexy and outgoing widow (Sofia Vergara) of a drug boss as they race through Texas, pursued by crooked cops and murderous gunmen.

ROTTEN TOMATOES™ SCORE

Critics: 17% **Audience:** 91%



DRAMA

Avengers: Age of Ultron

Director: Joss Whedon
Starring: Robert Downey Jr., Chris Evans

When Tony Stark jump-starts a dormant peacekeeping program, things go awry and Earth's Mightiest Heroes: Iron Man, Captain America, Thor, The Incredible Hulk, Black Widow and Hawkeye, are put to the ultimate test.

ROTTEN TOMATOES™ SCORE

Critics: 73% **Audience:** 99%

The New York Times

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Buddy cop classics recast with women

Chris Alexander
Metro | Canada

The science of the “buddy cop” movie formula is simple: Take a pair of mismatched lawmen (or a cop and a civilian roped into the action), make one the loose cannon, the other uptight and watch the ensuing fun.

The latest buddy cop flick to hit screens is the Reese Witherspoon/Sofia Vergara vehicle *Hot Pursuit*, and what makes it unusual is its gender-specific casting. But as 2013’s comedy-action hit *The Heat* proved, the ladies can bumble around a crime scene with equally predictable, but nevertheless entertaining, results. So while we wait for the verdict on *Hot Pursuit*, Metro day-dreamed about what it would be like if we could recast our favourite male-centric buddy cop flicks ... with chicks.



Starsky & Hutch

A revival of the 1970s cop drama that starred David Soul and Paul Michael Glaser would go down easier with an estrogen-flipped casting of the scrappy and sexy **Emma Stone** and **Scarlett Johansson** in leather driving jackets. DO IT!



48 Hrs.

This Walter Hill-directed classic sees Eddie Murphy in his breakout role as a petty crook who hooks up with grizzled detective Nick Nolte to track down a ruthless drug dealer. As funny and caustic as Murphy was, imagine *Pitch Perfect 2* star **Rebel Wilson** as the street-smart thug and *Gone Girl*’s **Rosamund Pike** as an icy incarnation of the Nolte character. Wilson would bring the laughs and Pike would play straight-woman while giving her the stink eye.

Dragnet

The landmark TV show was originally a radio program, and later, a feature comedy film starring Tom Hanks and Dan Aykroyd. All incarnations featured blank-faced detective Joe Friday and his revolving door of partners solving crimes in L.A. For our money, we’d love to have *Game of Thrones* heavy **Lena Headey** star as humourless Jolene Friday and perhaps cast her against **Helena Bonham Carter** as her chain-smoking, hard-drinking partner.



Tango & Cash

Legendary and lunk-headed flick starring Sylvester Stallone and Kurt Russell as two wisecracking LAPD cops, framed by drug lords and sent to the slammer for life. Forget Sly and Kurt — wouldn’t it be divine to see the two *Grande Dames* of contemporary cinema, **Helen Mirren** and **Meryl Streep**, as senior officers doing hard time in a women’s prison while endlessly saying “FUBAR,” instead?



Turner & Hooch

This was one of a handful of ‘80s flicks that featured an officer forced to share space with some class of canine. Tom Hanks’ obsessive-compulsive detective teamed with a drooling dog with a nose for trouble. We’d gladly take the ever-watchable **Rose Byrne** as Turner and, in a brilliant bit of stunt casting, hook her up with **Kim Kardashian** in a fur coat as the uncouth Hooch. Whaddya think?

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Nick Kroll gets serious – sort of

NEW RELEASE

Adult Beginners
lets comic take
lead and show
some emotion



**Ned
Ehrbar**
Metro | Hollywood

He's made a name for himself on Kroll Show, Parks and Recreation and The League for off-the-wall, outlandish comedy characters, but Nick Kroll has something new in mind for Adult Beginners, a comedy — about a washed-up entrepreneur (Kroll) who crashes with his sister (Rose Byrne) after his life implodes — with a serious side.

The thing that seems to catch people off-guard with this movie is how dramatic it actually becomes.

I feel like the original idea could've gone either way. You could go toward a big, sort of broad "it's the manny!" thing. But Vin Diesel in The Pacifier kind of ruined that for us. I pretty quickly knew that I wasn't interested in that kind of movie, and when I started talking to Mark Duplass about it — and the way he comes at the projects he makes — it just felt like this could be a really grounded, real story. And then when we met with Liz Flahive and Jeff Cox, who wrote the script, who have a 3-year-old son and also just gave birth to a kid literally right before we started production, there's just so much to work with. I hope the movie's funny and I hope the movie's dramatic and works, but you didn't need to do a lot of legwork on either side to make it feel resonant. Our feeling was don't push either, let everything happen as realistically as it can, and the drama will be there and the comedy will be there. Also, then, getting guys like Bobby Cannavale who



Sketch comedy chameleon Nick Kroll takes a shot at playing a big screen lead in dramedy Adult Beginners. LIZ BEDDALL/METRO

as an actor is always going to play things real while also comedic, it made us try to approach the story as real to the relationships as possible.

Does having a TV background help?

Liz, who has been working on Nurse Jackie for a long time and is now running it, I think, was also a playwright. And Jeff, her husband — he and his brother wrote Blades of Glory, so you knew that you were playing with both. You knew that you had people who were really grounded and were also going to write funny stuff, funny details.

And the supporting cast in this has some prime comedy talent.

We luckily peppered it with talent. Obviously at the core

it's me, Rose and Bobby and the changing alliances with all that. But then every scene is peppered with an all-star. We start with Joel (McHale), we come back to him and we get (Jason) Mantzoukas, we've got Josh Charles, Jane (Krakowski), Julie White, Celia Weston — every scene has this other element that comes in to ruffle feathers.

Doing a climactic scene waist-deep in water has got to be a challenge.

And no joke, the heater was not working. And it was eight degrees outside and snowing. It doesn't sound bad when you say it, but it was about 65, 70 degrees in the pool. Normally when you go swimming it's, like, 85 degrees in a pool. It helped the performances, since we're supposed to be afraid of the water.



Bobby Cannavale, left, Rose Byrne and Nick Kroll in Adult Beginners. RADIUS-TWC/THE ASSOCIATED PRESS

CANCON FUN

• **What's something you suck at, that you should have mastered by now as an adult?**

I suck at the little things in life, like doing my taxes. Bigger things like finishing my movie, for example, no problem. But washing my car I can't do.

• **You seem to love referencing Canadian culture. Do you remember the first time you visited this great land?**

When I was a kid I went to summer camp in Maine so whenever we went on an excursion we'd cross over into Quebec. But I also remember my dad taking me to Toronto when I was young and going to the SkyDome. I also remember staring out our hotel window into other buildings specifically looking for people having sex.

LIZ BEDDALL/METRO TORONTO

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HALIFAX

Dayna Tietzen & Rob Torr. Photo by Timothy Richard.

Not exactly like mom used to make

COOKING

Like Massimo Bottura, I tried a dish that defied tradition

THE TV DINNER

Jessica Allen



Every spring, the return of fresh produce is as dependable as celebrity-heavy superhero franchises steamrolling — preferably in CGI — into theatres. But last weekend, because I was more eager to see what the first greens of the season would be after such a long winter than figuring out who exactly Ultron is, I visited a farmers market instead of lining up for the latest Avengers. But I found only spring onions and green garlic.

I purchased a couple bunches of each from a man wearing an “I love Berlin” sweatshirt, whose long hair was held back by a pair of neon green sunglasses.

The same man suggested



Italian chef Massimo Bottura's restaurant is profiled in the new Netflix documentary series **Chef's Table**. Inspired by Bottura, Jessica Allen invented this pasta dish. NETFLIX; JESSICA ALLEN

that I make a pesto out of the green garlic. I nodded enthusiastically, but on the inside I shuddered, imagining what my Italian friends would think. Yes, there are varieties of pesto. But one can never be

too sure how Italians' adherence to culinary authenticity, which is both praise-worthy and paralyzing, will go over.

Take Italian chef Massimo Bottura, who dares to use traditional ingredients from

Modena and completely reinterprets them. He and his three-Michelin-starred restaurant Osteria Francescana are profiled in the new six-part Netflix documentary series, **Chef's Table**.



But the accolades for Bottura's inventive brand of cooking weren't immediate.

Italy is a country where if you asked anyone “where you can find the greatest food in the country, the answer is usually mom,” says food writer Faith Willinger in the inaugural episode.

“In the first years of the restaurant, you never found anyone from Modena in the dining room,” she says. “It wasn't what mom did.”

Inspired by Bottura's bravery, I decided to invent a pasta. Okay, basically I made

cacio e pepe — the simplest and most satisfying of pastas: think cheese, pepper and starchy pasta water — to which I added those wispy greens that I'd charred on the barbecue and some crispy pancetta.

It's the kind of dish I'd love to share with my mom, who loves to sample anything I make out-of-the-ordinary from her comestible repertoire when I visit her in London, Ont.

Her version of spaghetti, which I don't often pine for, contains ground beef, green peppers, garlic powder and a jar of ready-made Ragù. I almost forgot the mushrooms. Canned mushrooms.

On second thought — and even though I can't tell you the last time I bought a green pepper — I'd happily indulge in a plate of her pasta if it meant sharing it with her. Sometimes it's not the bread, but who you break it with.

JESSICA ALLEN IS THE DIGITAL CORRESPONDENT ON CTV'S THE SOCIAL

IN BRIEF

Branjelina selling their home in New Orleans
Brad Pitt and Angelina Jolie are selling their French Quarter home for \$6.5 million. Pitt and Jolie purchased the home in 2007 after Hurri-

cane Katrina for \$3.5 million. According to the listing, the three-story, 1830s-era mansion has 7,645 square feet, five bedrooms, three bathrooms and two half-baths.
THE ASSOCIATED PRESS

VIDEO SERVICE

The Mindy Project is moving to Hulu



Mindy Kaling and Chris Messina star in **The Mindy Project**.

BETH DUBBER/FOX/THE ASSOCIATED PRESS

Critically acclaimed yet low-rated, **The Mindy Project** will return for a fourth season at minimum on Hulu instead of Fox.

Fox nixed continuation of the series, according to the Hollywood Reporter (THR), and studio Universal Tele-

vision is in the talks for a multi-season contract with Hulu.

Although **The Mindy Project** has not been a smash hit, it's been a steady performer, with an average rating of 2.9 million viewers, according to THR. AFP

Jane and Lily: Drugs, dildos and divorce

COMEDY SERIES

Stars of *Grace and Frankie* burst onto Netflix



Ned Ehrbar
Metro | Hollywood

Jane Fonda has taken peyote. The 77-year-old actress, activist and fitness guru isn't being shy about the practical experience she's brought to *Grace and Frankie*, the Netflix series she stars in alongside Lily Tomlin. “Among other things,” she says matter-of-factly. “It makes me throw up, just like the show says. It's good to mix it with mushrooms.”

Doing hallucinogens is one thing, but doing television? That's not something Fonda could have fathomed until a few years ago, when she signed on for Aaron Sorkin's *The Newsroom* on HBO.

“When I started in movies in the late '50s, early '60s, you never would do television. People who did television never made movies, and if you possibly could make movies, you never would do television,” Fonda says. “It wasn't until about seven or

eight years ago that I realized I really wanted to do television and I wanted to give a cultural face to an older woman. So when this came along, it was a dream come true.”

It was also a chance to work with Nine to Five co-star and longtime pal Tomlin again, something that, at least according to Tomlin, has always been a priority.

“I'd always tell my agent, or my partner and I might be trying to develop something that has to do with older people,” Tomlin says. “When my agent called me and told me, ‘Are you really trying to do something with Jane?’ I said, ‘Yeah, sure. I'd like to.’ And then he brought (Friends co-creator) Marta (Kauffman) to us and she gave us the

notion of her idea, and after that we jumped in with both feet.”

That idea, by the way, is a doozy. *Grace (Fonda)* and *Frankie (Tomlin)* are two very different women who've maintained a tenuous friendship because their husbands (Martin Sheen and Sam Waterston) are law partners. But when the husbands announce that they're both gay and are running off together, *Grace* and *Frankie* are left with each other to help pick up the pieces.

So how do two women go decades with the same men not realizing something is amiss? Tomlin explains, “Like I say in that speech on the beach, ‘I suspected things, I thought something was up, but ...’ And then Fonda interrupts her: “When

he asked you to use the dildo? It's called denial.”

But back to the peyote. Tomlin, for one, wants to assure everyone that while she and Fonda may have personal experience to draw on, they're no Method actresses.

“We had to kind of project into that experience,” she says of the drugged-out beach scene in the first episode. “No matter how much experience we've had, it's not like we actually are eating peyote at that moment.”

OLDER WOMEN

No doddering old ladies for Fonda and Tomlin

A big selling point for both actresses was the image the series projects of women of a certain age. “We both get enough scripts to know that when you're an older woman you tend to be the butt of a joke,” Fonda says. Tomlin elaborates: “I always resented that. I didn't like that. If a woman didn't have autonomy, if she was somebody's grandmother and they made her into a doddering little old lady who just put up with stuff and kind of was vague, that just rubs me the wrong way.”



Jane Fonda and Lily Tomlin in *Grace and Frankie*. CONTRIBUTED

Craft beers abound in Asheville

NORTH CAROLINA

Get your hop on at creative brew pubs in scenic region

Mike Dojc
For Metro

From the terrace of the Omni Grove Park Inn, patrons can drink in the same alfresco Blue Ridge mountain vistas that beguiled a stream of notable visitors over the past century, from inventor Thomas Edison and author F. Scott Fitzgerald to U.S. President Barack Obama.

In this Asheville, N.C., setting, it seems apropos to pair the soothing surroundings with an oatmeal porter from Highland, Asheville's first post-Prohibition brewery.

For a city of fewer than 100,000 people, in a region once known for illicit whiskey, Asheville is hopping with a veritable bounty of craft beers.

Twenty-one local breweries call the Western North Carolina mountain town home, and new operations are popping up all the time.

As Asheville's beer culture grows, even internationally known craft brewers, such as California's Sierra Nevada and Colorado's New Belgium, are getting in on the action.

It's hard to leave Asheville without gaining a profound passion for hops, tart saisons and winning and wild addi-



The Tasting Room at Highland brewery. HIGHLAND BREWING COMPANY

tives that run the gambit from lavender to jalapenos.

After sipping, slurping and knocking back flight after flight of draught on a four-day tour, here are some to try on your next Asheville beer-crawling adventure.

Thirsty Monk

Bar staff take imbibing religiously at the Monk's trio of Asheville brew pubs. Order a flight and they'll eagerly share their devotion, kindly jotting down aroma, appearance, and taste notes — a handy crib

sheet even regulars appreciate, with taps constantly in flux.

"We never put the same keg on twice in a row. Every time a beer kicks we go put on something different. Last year we served 2,600 different beers," says Chall Gray, Thirsty Monk's vice-president of operations.

Knock one down: CocoNorm is a smooth, easy-to-drink porter made with Belgian yeast and toasted organic coconut.

Urban Orchard Cider

Using freshly pressed juice from orchards just down the

highway in Hendersonville, this West Asheville cidery with a penchant for yeast experimentation uses a quartet of 300-gallon stainless steel fermentation tanks to crank out its artisanal hard ciders.

Knock one down: The Wit Cider is made with hand-crushed toasted coriander with orange juice and zest. "The only sweetness you'll taste is from the orange, the rest has been fermented out," explains Jeff Anderson, Urban Orchard's creative director. "You are left with a very crisp and refreshing

cider, perfect for springtime — bone dry at 7.8 per cent."

Burial Beer

The taproom comes alive on Sundays for weekly jazz brunches where guests graze on New Orleans-inspired dishes and Wednesdays is hops + hoagies, featuring a cured green chorizo with spicy mayonnaise and green onions.

Knock one down: "We are constantly cranking out unique stuff," says Burial Beer co-owner Jessica Reiser. For example, the Garden of Earth-



The view from the Omni Grove Park Inn. CONTRIBUTED

ly Delights Saison, a five per cent saison brewed with golden beets, hibiscus, aged cherries and local ginseng root.

Highland

A tribute to the Scots-Irish who first settled the area, the traditional styles of the British Isles influenced early Highland offerings. Over time, however, Asheville's first craft brewer has grown its flavour profile to include Belgian, German, and innovative American barrel-aged beers.

Knock one down: Cold Mountain, Highland's winter warmer goes on sale in mid-November. "It is not only a unique style, but also is a little bit different every year," explains Highland's founder Oscar Wong. "The beer contains two different base malts and seven specialty malts that do not change."

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G Adventures will take travellers to Belize. CONTRIBUTED

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Air Canada Vacations has just launched a seasonal, non-stop flight from Toronto to Curaçao, putting you on the alluring Dutch island in five hours. Famous for its multicultural atmosphere and European architecture, Curaçao has some of the best snorkeling and diving in the world. Flights run until Oct. 22. Visit AirCanadaVacations.com and Curacao.com.



The island of Curaçao boasts 35 beaches. CONTRIBUTED

Taste of the East Coast

Maxxim Vacations is introducing a Coastal Culinary Tour in Atlantic Canada, a week-long, self-drive holiday that will have you catching lobsters and clam digging. Enjoy beach-front cookouts, fishing cruises and the high tides at Hopewell Rocks. The tour starts and ends in Moncton, running July 1 to Sept. 1. Visit MaxximVacations.com.

DOUG WALLACE



Hopewell Rocks in New Brunswick. CONTRIBUTED

Broadway-style shows set sail

DISNEY

Cruises ditch cheesy revues for stylish performances

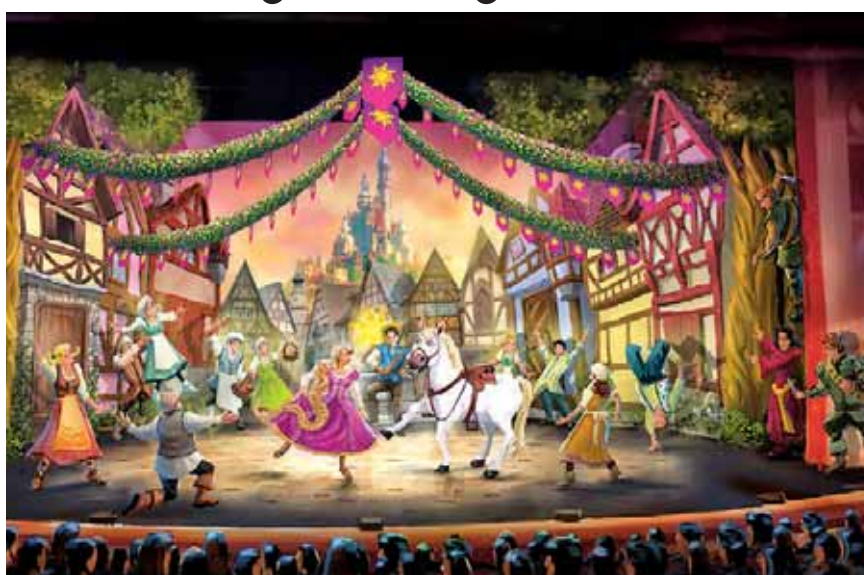
Vawn Himmelsbach
For Metro

Entertainment on cruise ships is often associated with cheesy musical revues, bingo games and line dancing, but lately there's been a push to up the ante.

Disney Cruise Line, for example, has announced its newest stage show, *Tangled: The Musical*, which is being designed for an audience at sea. Slated to premiere Nov. 11 aboard the *Disney Magic*, this will be the first time the tale has been adapted for a stage production.

Original work

"Other cruise lines are doing Broadway-style shows, but ... we're creating original Broadway-style shows," said David Baldree, entertainment producer with Disney Cruise Line, during a sneak peek of the show at its rehearsal space in Toronto earlier this week.



Tangled: The Musical will feature three new songs created for the show by Academy Award-winning composer Alan Menken; costumes by Tony Award-winning designer Paloma Young; and a new breed of puppetry — for Maximus, the horse in *Tangled* — from master puppet designer Michael Curry, whose creations are best known from Disney's *The Lion's King* on Broadway.

"Because Disney has all these properties, we can create something from the ground up, which is a huge undertaking — workshops in L.A. and New York and casting in Chicago and London," said Gordon Greenberg, the show's director.

"It's a massive operation and, in the end, the payoff is you get something wholly original that you can't see

anywhere else." Developing a show for a cruise ship, as opposed to Broadway or London's West End, provides more creative licence, he added.

'A great playground'

"The biggest difference for me is we have these amazing hydraulics for which I'd have to lobby really long and hard (for) on land," said Greenberg. "It's a great playground."



Tangled: The Musical (left) will premiere in November aboard the Disney Magic cruise ship, marking the first time the animated film has been adapted for the stage.

DISNEY

Choreographer Connor Gallagher (above) is behind the production numbers.

FRANKLIN WHITLACH

+ SHOWS AT SEA

On ships' schedules

- Royal Caribbean is inviting New York aboard with its Broadway at Sea program of Tony Award-winning shows, from *Cats* to *Chicago* The Musical, *Saturday Night Fever* and *Mamma Mia!*

- Norwegian Cruise Line is staging Broadway hits *Burn The Floor* and *Priscilla Queen of the Desert* (coming in October), as well as a British pop-music entertainment experience called *The Cavern Club*, which imitates the Liverpool venue where the Beatles performed.

VAWN HIMMELSBACH/FOR METRO

Wildlife, wild vistas star in Canadian road trip

ON THE MOVE

Loren Christie



Relatively cheap gas prices at the pumps and a weak Canadian dollar make a road trip in Canada this summer's go-to vacation. From Trinity to Tofino, here are a few choice routes.

The drive from Banff to Jasper through two of Alberta's national parks along the stunning Icefields Parkway might be the best

drive in the country. It offers an incredible mix of Rocky Mountain scenery and wildlife. On a recent trip I saw big horned sheep, more elk than anyone could count and a grizzly bear. Avoid the overwhelming urge to get out of the car to take a photo. It's a bad idea, these animals are wild. Favourite stops include the Peyto Lake overlook, lunch at the Fairmont Chateau Lake Louise and an excursion up onto the Athabasca Glacier aboard a Brewster Ice Explorer.

In Nova Scotia, the Cabot



The Cabot Trail in Cape Breton, N.S. FLICKR: ANDREA SCHAFER

Trail offers stunning scenery, wildlife viewing (whales and moose) and the opportunity to touch the distinct

Acadian and Scottish cultures that colour the history of the province. End your day with a fresh seafood

meal and kick your heels up at a traditional Celtic party, known as a ceilidh.

Route 132 in Quebec's Gaspé region offers a scenic shore-hugging drive through silver-steeped villages surrounded by mountains and serenaded by the sea. The route forms a loop of about 900 kilometres. As the seaway widens into the gulf, try some ferry-hopping to explore both coasts of the St. Lawrence River. Take a break from the car and hop aboard a zodiac for some of the country's best whale

watching.

The world-renowned Sea-to-Sky highway from Vancouver to Whistler is a great start to a breathtaking British Columbia road trip. The trick is to keep going past Whistler on Highway 99 until you reach Ashcroft and then hook onto the Trans-Canada Highway back to Vancouver. This loop will take you past incredible river gorges and through the only desert in Canada. At the end of your trip, head to Harrison Hot Spring for a soak in a natural hot spring.

Spieth sputters in star group at Players

PGA

Masters champ shoots five bogeys, Hearn in tie for lead

For all the hype over Rory McIlroy and Jordan Spieth playing together, and the constant curiosity over Tiger Woods, one element at The Players Championship didn't change Thursday. The big star was the golf course.

Charley Hoffman had eight birdies in a round that showed that TPC Sawgrass can strike at any time. A triple bogey on Hoffman's 10th hole turned a great day into a good one, and his 5-under 67 gave him a share of the lead with Hideki Matsuyama, David Hearn and Kevin Na.

McIlroy lived up to his end of the bargain with a 3-under 69. So did Jason Day, who joined golf's new power group. Spieth went the other direction, racking up five bogeys for a 75 that matched his highest score of the year.

McIlroy stuck to a conservative plan and was rarely out of position. He hit out of a fairway bunker on No. 15 to five feet for birdie, and then launched a drive over the pines down the

left side of the 16th to seven feet for eagle.

"I think that's what this course is all about," McIlroy said. "It's about staying patient. There's a lot of pars on my card, but I was able to pick off a couple of birdies and a nice eagle on 16. I'm happy with the start, for sure."

Spieth felt something wrong with his alignment when he arrived Monday, and he still hasn't sorted it out. He got behind quickly, and that didn't help. After failing to save par from short of the green on No. 10 to start his round, he had to hit three wedges around the green and finally got up-and-down for bogey on the par-5 11th.

“

Just a really, really poor day.

Jordan Spieth

"It's just one of those days where I started maybe looking into it a little too much rather than just accepting it and going forward," he said. "It just happens every once in a while and I'll get over it. I'm fortunate we have a lot of time before we tee off in his next round versus a quick turnaround. Just going to have to find some answers."

Hearn, a native of Brampton, Ont., fired four birdies to go along with his eagle on the 11th hole. His only mistake was on the 14th hole where he shot a bogey-5.

Woods made double bogey on the 18th hole for a 73.

THE ASSOCIATED PRESS



David Hearn will enter the second round in a four-way tie for the lead after shooting a 5-under 67 on Thursday.

RICHARD HEATHCOTE/GETTY IMAGES



The Los Angeles Angels traded Josh Hamilton to the Rangers last month. TOM PENNINGTON/GETTY IMAGES

MLB

Hamilton gets one more shot in Texas

Josh Hamilton knows in hindsight that he probably should have never left Texas.

When the slugger was first acquired by the Rangers from Cincinnati a few days before Christmas in 2007, a feel-good story got even better: the former No. 1 overall draft pick became an MVP and perennial all-star after battling cocaine and alcohol addictions, even with a few stumbles.

Now he has another shot at

redemption, again in Texas, in what very likely could be his last chance in baseball.

"The reason I'm making certain changes in my life is because I want to be OK after baseball's over," Hamilton said when re-introduced by Texas. "So I've done a lot of growing and a lot of learning and soul-searching, as you could say, over the past few weeks. I'm excited about being a Ranger."

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IN BRIEF

Rose set to make Fox debut

Pete Rose is scheduled to make his first appearance for Fox on Monday on Fox Sports 1.

Fox said Thursday the career hits leader will appear as a studio analyst on various baseball programming.

Rose has applied for reinstatement on his lifetime ban from baseball, which was issued in August 1989.

THE ASSOCIATED PRESS

Bombers sign Westerman

The Winnipeg Blue Bombers shored up their defensive line by signing Canadian Jamaal Westerman on Thursday.

The six-foot-three, 260-pound Westerman joins the Bombers after six seasons in the NFL with the New York Jets, Arizona Cardinals, Indianapolis Colts, Buffalo Bills and Pittsburgh Steelers.

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FIFA head boosts women

SOCCER

President Sepp Blatter campaigning for re-election

Describing himself as a “godfather” to women’s soccer at FIFA, Sepp Blatter has acknowledged that its appeal still trails behind the men’s game.

Still, the Women’s World Cup kicking off June 6 in Canada can be a “market opener,” the FIFA president told BBC World Service radio in an interview broadcast Thursday.

Blatter challenged the teams in the expanded 24-nation tournament to help achieve that breakthrough by putting on a high-quality show.

“Women’s football must market itself. It’s a product and the product must have quality,” Blatter told the Brit-



Switzerland women’s national team coach Martina Voss-Tecklenburg, left, Swiss goalkeeper Antonia Albrisser, FIFA president Sepp Blatter, Swiss player Nicole Remund and FIFA head of women’s competitions Tatjana Haenni at a news conference in March in Lucerne, Switzerland.

FABRICE COFFRINI/AFP/GETTY IMAGES

ish state broadcaster. “Now it’s up to the ladies in this World Cup to show that it’s a great event because the television

coverage will be done exactly like the FIFA World Cup.”

He recalled that FIFA started focusing on women’s soccer in

1988, when he was its top administrator. The first Women’s World Cup was played in 1991.

“I consider myself a little

bit as a godfather of the organization of women’s football in FIFA,” Blatter said, while accepting that “there is still a lot to do.”

“Women’s football is still limping a little bit behind,” said the FIFA head, who in 2004 suggested players could wear tighter shorts to help market their game. “Men’s football should share with women’s football to get new partners for women’s football. It is not easy because the market is focused on men’s football.”

In a rare interview during his campaign to win re-election on May 29, Blatter did not directly address his pursuit of a fifth term in office to extend his 17-year presidential reign.

However, the 79-year-old Swiss did promise to attend the month-long women’s tournament in Canada whatever the election result.

THE ASSOCIATED PRESS

IN BRIEF

Palestinians renew call for FIFA sanctions of Israel

FIFA’s anti-racism adviser says he hopes to work to resolve the crisis between the Palestinian and Israeli soccer federations.

The Palestinians have asked FIFA to suspend the Israel Football Association because of travel restrictions on Palestinian players. Israeli officials say the restrictions are security-related, and Israeli soccer officials say the issue is beyond their control.

Tokyo Sexwale, head of the anti-racism sports initiative Global Watch, said Thursday during a visit to the West Bank that “the suffering of the Palestinians has to come to an end.”

But he stopped short of endorsing the Palestinian bid to punish Israel and said “we are helping (Israel) in the area of sport to get out of the position they have put themselves in.”

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Prep time: 10 minutes

Cook time: 10 minutes

Serving size: 5

Ingredients

- 1 lb extra-lean ground beef
- ¼ cup dry bread crumbs
- ¼ cup chopped green onion
- 3 Tbsp chopped cilantro or parsley
- 4 Tbsp hoisin sauce, divided
- 2 tsp minced fresh garlic
- 1 tsp minced fresh ginger
- 1 egg
- 2 Tbsp water
- 1 tsp sesame oil

Directions

1. Heat the barbecue to high and spray with cooking oil, or pre-heat the oven to 450°F.

2. Combine the beef, bread

crumbs, green onion, cilantro or parsley, 2 Tbsp of the hoisin sauce, garlic, ginger and egg in a bowl. Mix thoroughly and form into 10 mini burgers.

3. Whisk the water, remaining 2 Tbsp hoisin sauce and sesame oil together in a small bowl.

4. Brush half of the sauce over the burgers.

5. Barbecue, or place on a rack on a baking sheet and bake for 10 to 15 minutes (until no longer pink in the centre). Turn the patties once, halfway through, and brush with the remaining sauce. Serve on mini hamburger buns, if desired, and garnish with sautéed onions.

Nutrition per serving (2 mini burgers)

- Calories 264
- Protein 30g
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- Total fat 7 g

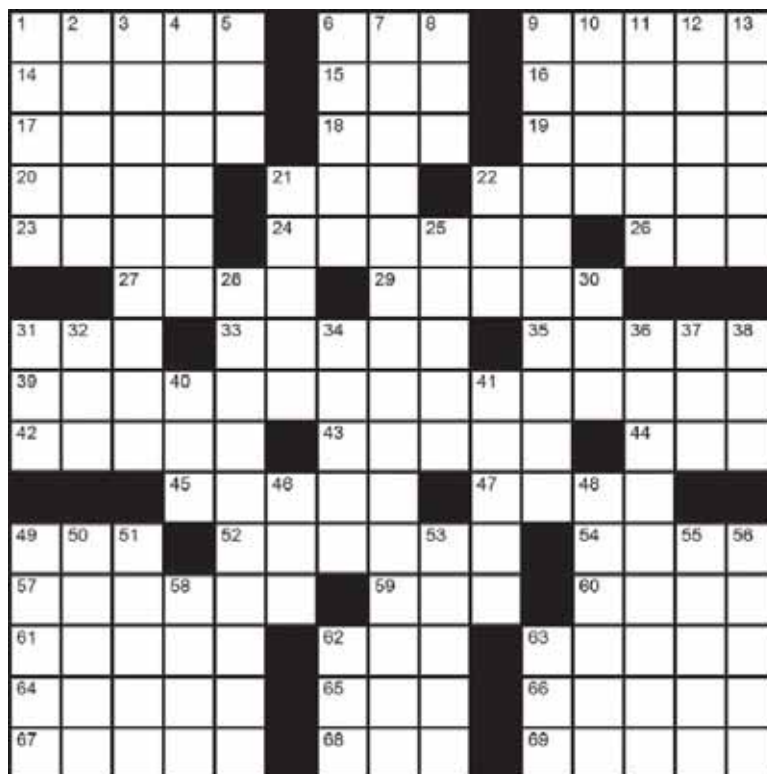
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ACROSS

1. "Dancing with the Stars" dance
6. Brand symbols, e.g.
9. Flavour
14. "Easy Livin'" by __ Heep
15. Diving bird
16. Happen again
17. Ancient Scots
18. Edward Snowden related org.
19. Field
20. Uncommon
21. Knowledgeable letters
22. Tea party offerings
23. Buffalo type
24. Surname of Jessica Simpson's first husband
26. Earlier, olde-style
27. Chop __
29. "Mad Men" star Jon, and surnamesakes
31. Li'l life story
33. __ carpeting
35. Zing
39. Wild Roses in Alberta: 2 wds.
42. __ Spruce (Tree in British Columbia)
43. Talent or style
44. Convent dweller
45. Gluck opera: __ ed Euridice
47. "Flux" (2005)
49. "Senor" suffix
52. Chanel No. 5 = Eau de __
54. Pre-stereo
57. __ (Franken-free food label)
59. Some radio



stations, e.g.

60. Barenaked Ladies song, when repeated
61. Dugout boat
62. Battery size
63. Upper crust
64. In the Skin of __ (Novel by Canadian author Michael Ondaatje)

65. Crash Test Dummies song, when repeated
66. Montreal subway
67. Snoozed
68. Anne Shirley's prov.
69. Canadian player for the St. Louis Blues,

Alexander __

DOWN

1. Prefix meaning 'Above'
2. 'Parliament' suffix
3. Huge techie corporation
4. Boat, in Boucher-ville

5. Sneeze starters...
6. Ms. Tucker of country
7. Alanis Morissette is its 2015 Canadian inductee: 4 wds.
8. Music style
9. Toronto-born host of "Cityline": 2 wds.
10. __ Space Museum

- of Calgary
11. Vista
12. Guitar gadget
13. Obliterate
21. "The ____" (1989) starring Eric Stoltz
22. School yr. part
25. __ dozen (Bakery order)
28. Ontario: The Niagara __
30. Scatter seed
31. "10" (1979) star Ms. Derek's
32. "____ Fell" by The Beatles
34. Canadian journalist Morley
36. __ Heritage Village (Tourist attraction in Steinbach, Manitoba)
37. 'Dear' lady of a Beatles song, briefly
38. QVC rival in The States
40. Dixie Cups song, when doubled
41. Mr. Neeson's
46. ____ Schwarz (New York City toy store)
48. Morning meal
49. Andes people, once
50. ____ intents and purposes
51. Ms. Lennox
53. Savoury 'fifth taste'
55. Saltpetre
56. Ancient theatre
58. Gwyneth Paltrow's lifestyles website, __.com
62. Roadie's haul
63. Bad __ (German spa resort)

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♈ **Aries** March 21 - April 20
You will need to be on your guard today as someone you work or do business with seems to think you can be easily misled. Check everything you are told, even if it sounds true.

♉ **Taurus** April 21 - May 21
Make the most of Mars in your sign to get things done and let the people you live and work with know that you won't be pushed around. You don't have to be aggressive about it but you do have to protect your interests.

♊ **Gemini** May 22 - June 21
It might be a good idea to take it easy for the next few days, or what passes for easy in the Gemini universe. When Mars moves into your sign early next week there will be no holding you back.

♋ **Cancer** June 22 - July 23
There seems to be quite a bit of tension in the air at the moment and if you are involved in matters of a joint nature it will pay you to tone down your views and opinions a bit.

♌ **Leo** July 24 - Aug. 23
What you want to do and what you have to do are likely to be two entirely different things today. But don't let that depress you because you can still enjoy yourself.

♍ **Virgo** Aug. 24 - Sept. 23
Chances are you will be forced to stay where you are today, even though you would much rather be on the move. That might sound like bad news but the planets indicate it could be a blessing in disguise. Stay home and keep a low profile.

♎ **Libra** Sept. 24 - Oct. 23
It will pay you to keep your opinions to yourself today, especially on the work front where your know-it-all attitude is unlikely to go down too well. The best way to fall out with powerful people is to make them look stupid.

♏ **Scorpio** Oct. 24 - Nov. 22
A friend or work colleague will say something you disagree with today but if you are smart you will bite your tongue and pass up the chance to make an issue of it.

♐ **Sagittarius** Nov. 23 - Dec. 21
Make sure that everything you do has a purpose today. Despite what you may think to the contrary you do not possess unlimited energy, so ration it carefully, especially on the work front.

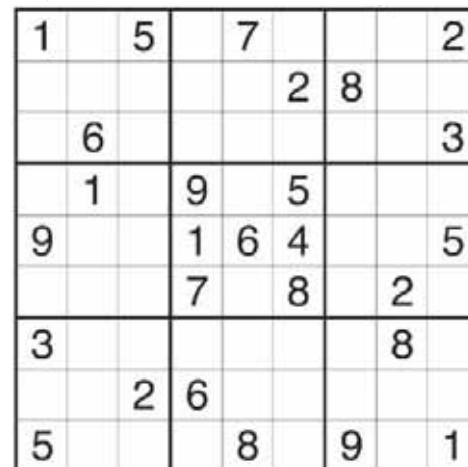
♑ **Capricorn** Dec. 22 - Jan. 20
Say what you have to say as plainly as possible, so there can be no misunderstandings. That is not, however, an excuse to be rude and does not have to be a martial art!

♒ **Aquarius** Jan. 21 - Feb. 19
You of all people should know that personal feelings should never be allowed to interfere with the facts, and the fact of the matter now is that the person who is giving you so much grief is more foolish than malicious. Don't be too hard on them.

♓ **Pisces** Feb. 20 - March 20
Why are you worrying so much? Whatever the reason you need to get over it because there is so much you could be doing with your life now. And remember, even negative events can have positive results.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



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